

Physics 2A: Lecture 17

Today's Agenda

CH 15

- Simple harmonic motion
 - Definition
 - Period and frequency
 - Position, velocity, and acceleration
 - Period of a mass on a spring
 - Vertical spring
- Energy and simple harmonic motion
 - Energy of a spring force

Periodic Motion

- Motion that repeats itself over and over
- Characterized by two pieces of information:
 - Period (T): time it takes to complete one cycle
 - Unit: seconds
 - Frequency (f): number of cycles per unit of time
 - Unit: $\text{Hz} = \text{seconds}^{-1}$

$$T = \frac{1}{f}$$

$$f = \frac{1}{T} = \frac{1}{s} = s^{-1}$$

Clicker Question 1:

An object is undergoing periodic motion and takes 10 s to undergo 20 complete oscillations. What is the period and frequency of the object?

- (a) $T = 10 \text{ s}$, $f = 2 \text{ Hz}$
- (b) $T = 2 \text{ s}$, $f = 0.5 \text{ Hz}$
- (c) $T = 0.5 \text{ s}$, $f = 2 \text{ Hz}$
- (d) $T = 0.5 \text{ s}$, $f = 20 \text{ Hz}$
- (e) $T = 10 \text{ s}$, $f = 0.5 \text{ Hz}$

$$f = \frac{20 \text{ oscillations}}{10 \text{ s}} = 2 \text{ Hz}$$

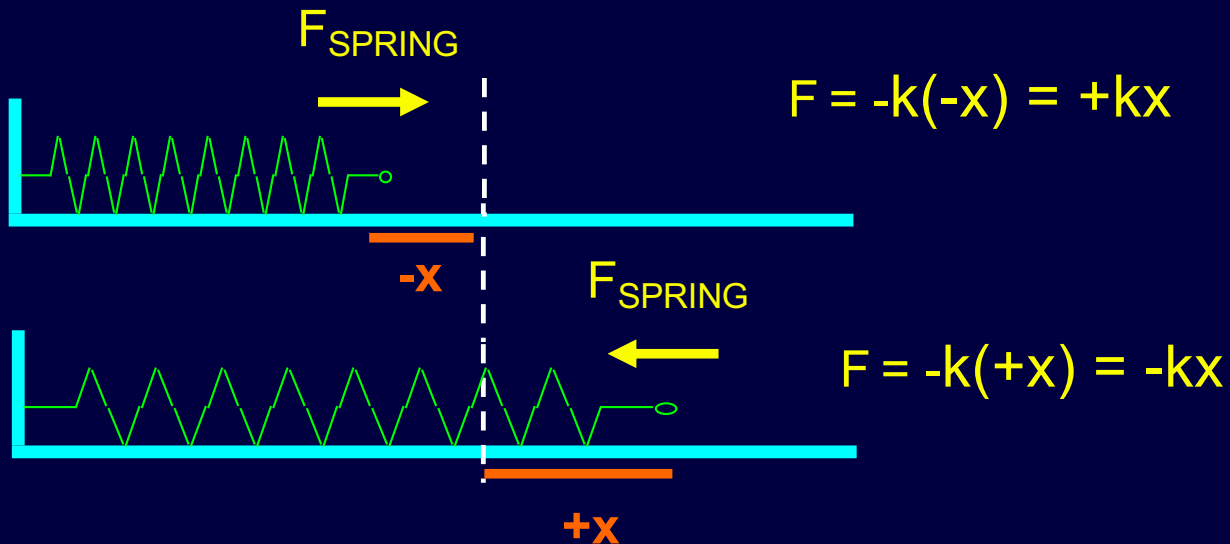
$$T = \frac{1}{f} = \frac{1}{2} \text{ s}$$

Simple Harmonic Motion

- Particular type of periodic motion ✓
- Very common type of motion
 - Motion due to a spring ✓
 - Motion of a pendulum (small angles) ✓
 - Motion of atoms in molecules ✓
- SHM requires a restoring force ✓

Restoring Force: Hooke's Law

- $F = -kx$
- x is distance spring is displaced from its relaxed length
- k is the spring constant (how stiff the spring is)
- Restoring force is proportional to displacement
- Restoring force is opposite in direction to displacement

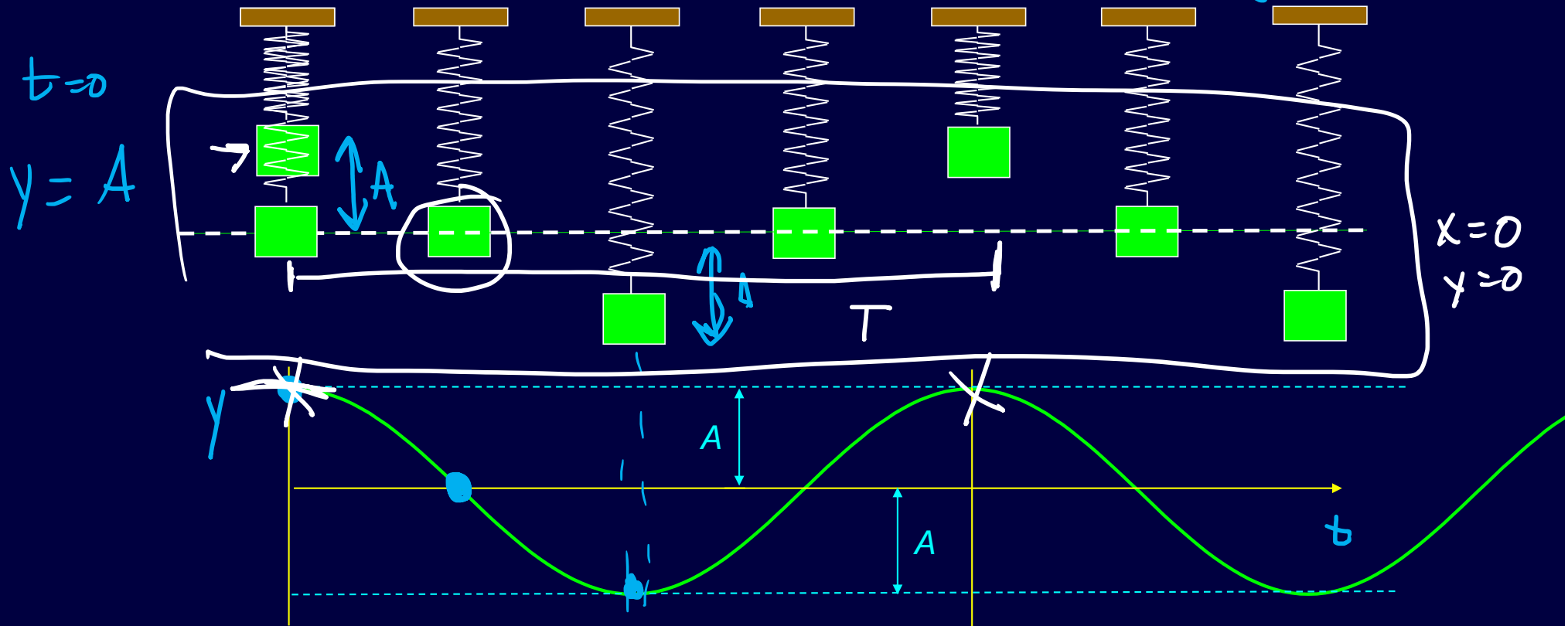


note!

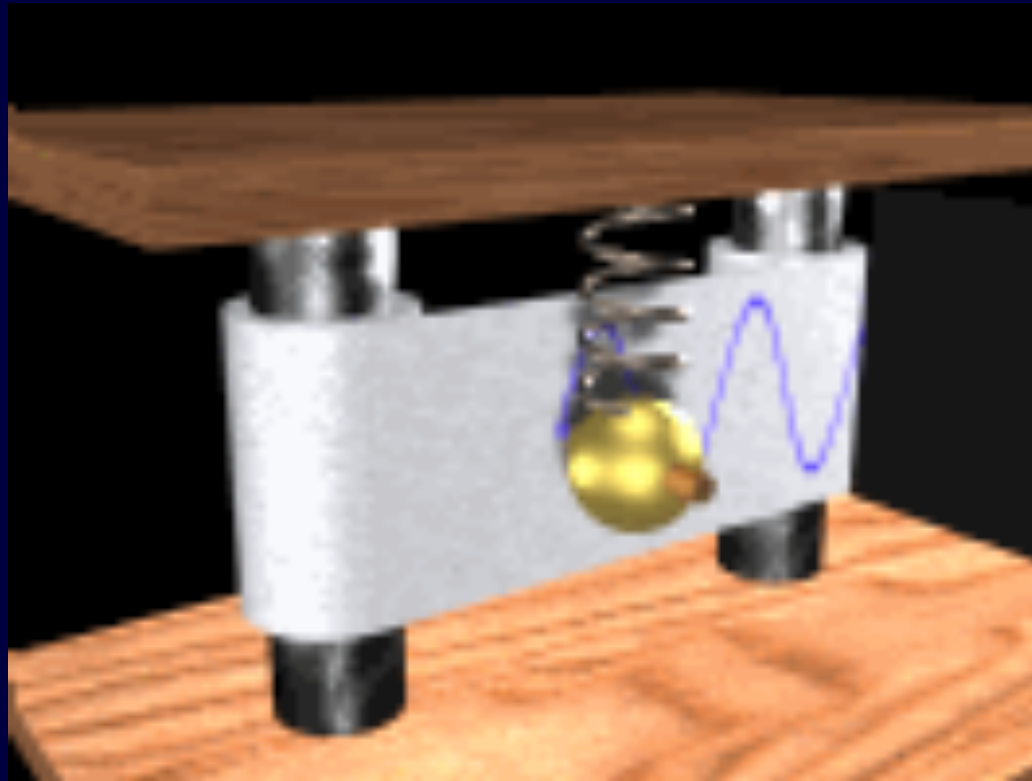
Simple Harmonic Motion

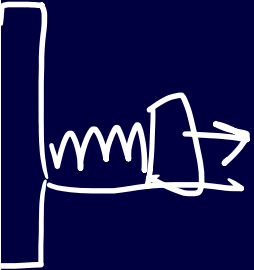
Let's investigate this SHM a bit:

$$y = A \cos\left(\frac{2\pi}{T}t\right)$$



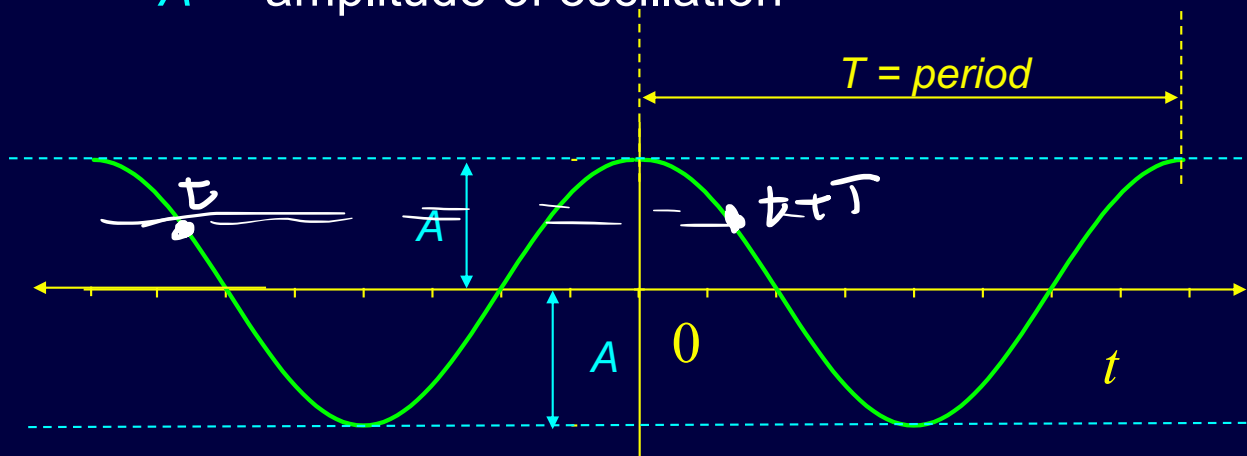
SHM





Position

- Drawing of: $x = A \cos\left(\frac{2\pi}{T}t\right)$
- A = amplitude of oscillation



$$x = A \cos\left(\frac{2\pi}{T}0\right) = A$$

$$x = A \cos\left(\frac{2\pi}{T}(t+T)\right) = A \cos\left(\frac{2\pi}{T}t\right)$$

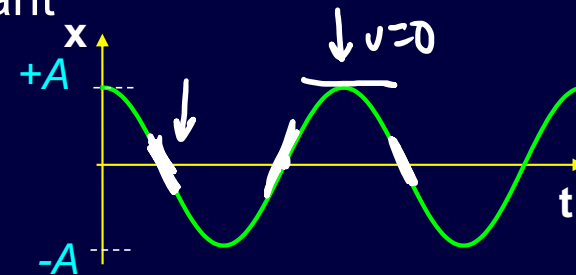
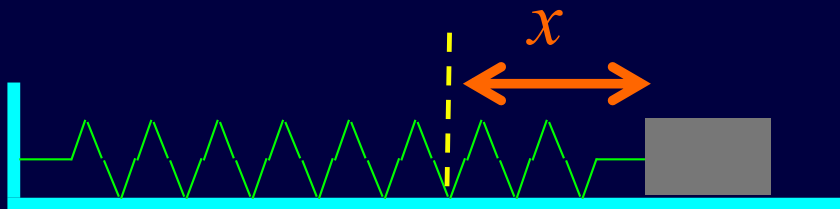
$$= A \cos\left(\frac{2\pi}{T}t + 2\pi\right) =$$

Clicker Question 2:

A block on a spring oscillates back & forth with simple harmonic motion of amplitude A . A plot of displacement (x) versus time (t) is shown below. At what points during its oscillation is the speed of the block biggest?

$$v = \frac{dx}{dt}$$

- a) When $x = +A$ or $-A$ (i.e. maximum displacement)
- b) When $x = 0$ (i.e. zero displacement)
- c) The speed of the mass is constant



Clicker Question 3:

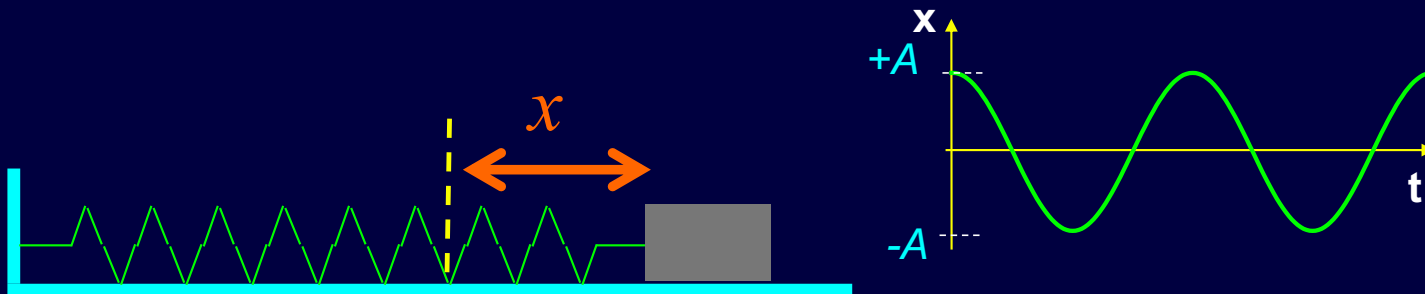
A block on a spring oscillates back & forth with simple harmonic motion of amplitude A . A plot of displacement (x) versus time (t) is shown below. At what points during its oscillation is the magnitude of the acceleration of the block biggest?

(a) When $x = +A$ or $-A$ (i.e. maximum displacement)

(b) When $x = 0$ (i.e. zero displacement)

(c) The acceleration of the mass is constant

$$E_{\text{mech}} = \frac{1}{2}mv^2 + \frac{1}{2}kx^2$$



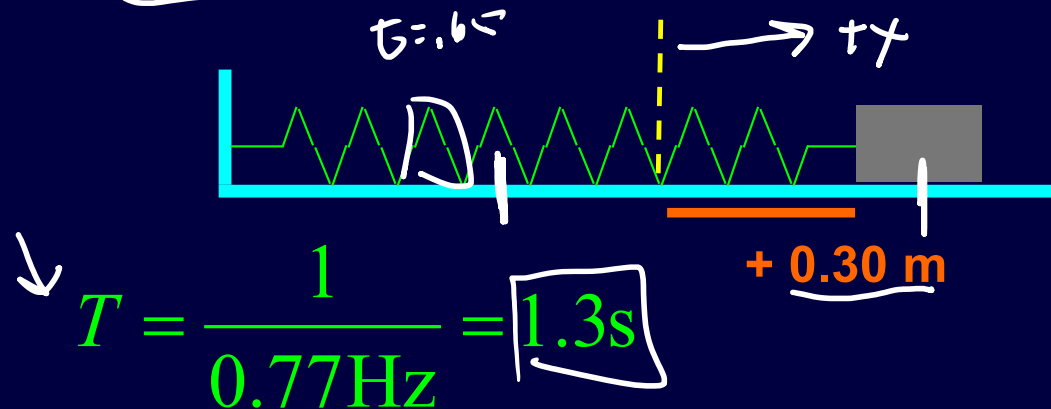
Example 1

A block is pulled 0.30 m from its equilibrium position and let go.

(a) Find the block's equation of motion.

(b) What is the block's position after 0.5 s?

The frequency of oscillation for the block/spring system is 0.77 Hz.



(a) $x = 0.30 \text{ m} \cos\left(\frac{2\pi}{1.3 \text{ s}} t\right)$

(b) $x = 0.30 \text{ m} \cos\left(\frac{2\pi}{1.3 \text{ s}} 0.5 \text{ s}\right) = -0.22 \text{ m}$

Remember to use radians!

Angular Frequency vs. Frequency

$$\begin{array}{c} \omega \\ f \\ T \end{array}$$

To keep things simple we'll express our function in terms of the angular frequency

$$\omega = 2\pi f$$

$$\omega = \frac{2\pi}{T}$$

$$x = A \cos\left(\frac{2\pi}{T}t\right)$$

$$x = A \cos(\omega t)$$

Clicker Question 5:

What is the time derivative of the function $f(t) = A \cos(\omega t)$?

- (a) $-A \cos(\omega t)$
- (b) $-\omega A \cos(\omega t)$
- (c) $A \sin(\omega t)$
- (d) $\omega A \sin(\omega t)$
- (e) $-\omega A \sin(\omega t)$ ✓

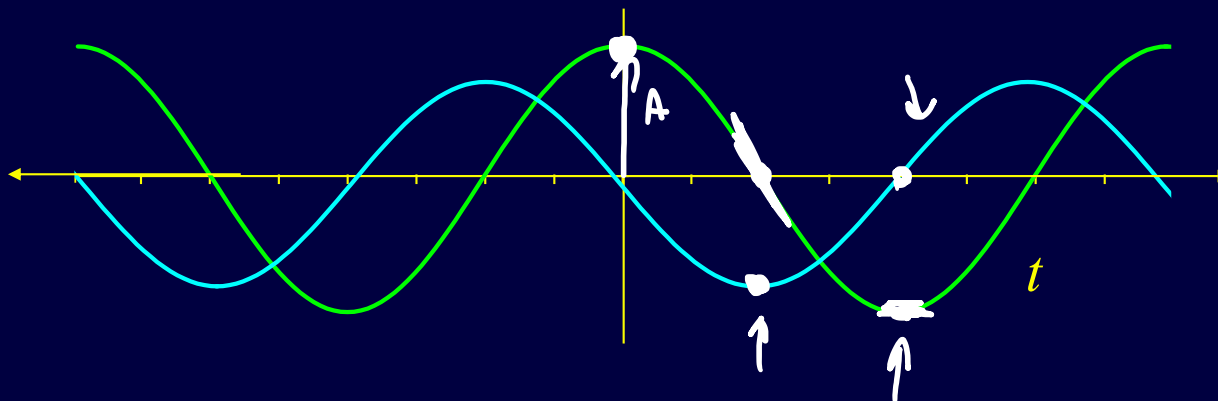
$$\rightarrow x(t) = f(t) = A \cos(\omega t)$$

$$\frac{df}{dt} = -\omega A \sin(\omega t)$$

$$\rightarrow v(t) = -\omega A \sin(\omega t)$$

$$\rightarrow a(t) = -\omega^2 A \cos(\omega t)$$

Position and Velocity



$$x = A \cos \theta$$

$$v = -\omega A \sin \theta$$

- x is zero when $v = +\omega A$ or $-\omega A$
- v is zero when $x = +A$ or $-A$

$$x(t) = [A]\cos(\omega t)$$

$$v(t) = -[A\omega]\sin(\omega t)$$

↑

Acceleration

$$x_{\max} = \pm A$$

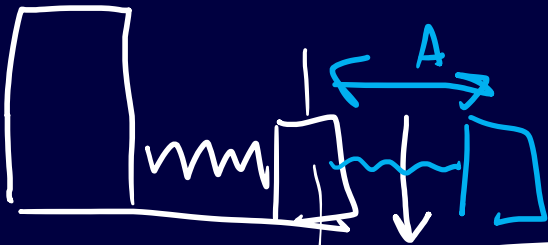
$$v_{\max} = \pm \omega A$$

$$a_{\max} = \pm \omega^2 A$$

$$a = -\omega^2 A \cos(\omega t)$$

$$|a_{\max}| = \omega^2 A$$

Simple Harmonic Motion:



Start
from
 $+x_{\max}$

$$\begin{aligned}x(t) &= [A]\cos(\omega t) \\v(t) &= -[A\omega]\sin(\omega t) \\a(t) &= -[A\omega^2]\cos(\omega t)\end{aligned}$$

OR

$$\begin{aligned}x(t) &= [A]\sin(\omega t) \\v(t) &= [A\omega]\cos(\omega t) \\a(t) &= -[A\omega^2]\sin(\omega t)\end{aligned}$$

$$\begin{aligned}x_{\max} &= A \\v_{\max} &= A\omega \\a_{\max} &= A\omega^2\end{aligned}$$

Period = T (seconds per cycle)
Frequency = $f = 1/T$ (cycles per second)
Angular frequency = $\omega = 2\pi f = 2\pi/T$

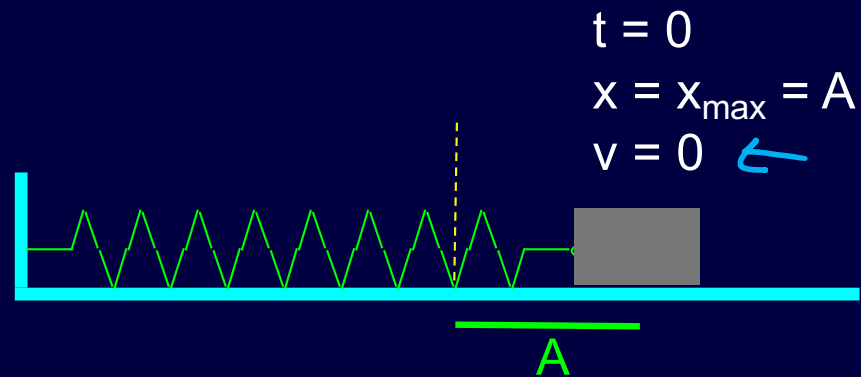
Simple Harmonic Motion:

↓

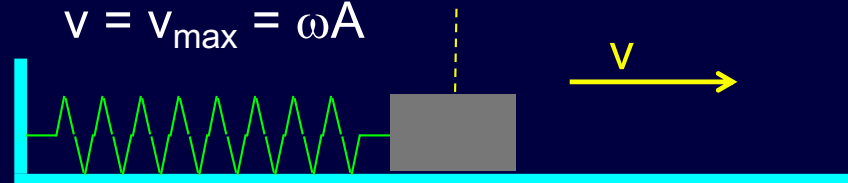
$$\begin{aligned}x(t) &= [A]\cos(\omega t) \\v(t) &= -[A\omega]\sin(\omega t) \\a(t) &= -[A\omega^2]\cos(\omega t)\end{aligned}$$

↻

$$\begin{aligned}x(t) &= [A]\sin(\omega t) \\v(t) &= [A\omega]\cos(\omega t) \\a(t) &= -[A\omega^2]\sin(\omega t)\end{aligned}$$



→ $t = 0$
→ $x = 0$
 $v = v_{\max} = \omega A$



Example 2

$$\omega = \frac{2\pi}{T}$$
$$T = \frac{2\pi}{\omega}$$

An object experiences SHM with an equation of position $x = (2 \text{ m}) \cos (30 t)$.



What is the period of oscillation?

$$T = 2\pi / \omega = 0.209 \text{ s}$$

What is the maximum velocity?

$$V_{\max} = \omega A = 60 \text{ m/s}$$

What is the maximum displacement of the object?

$$\pm 2 \text{ m (it's just the amplitude)}$$

What is the maximum acceleration?

$$a_{\max} = \omega^2 A = 30^2(2) = 1800 \text{ m/s}^2$$

Clicker Question 4:

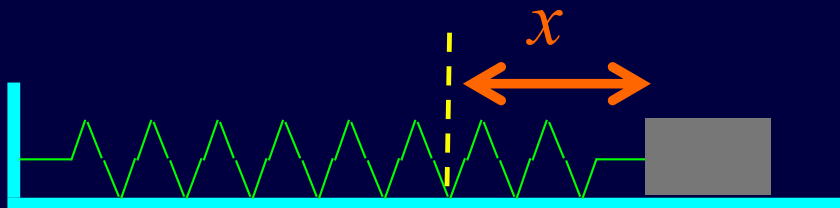
Object A is attached to spring A and is moving in simple harmonic motion. Object B is attached to spring B and is moving in simple harmonic motion. The period and the amplitude of object B are both two times the corresponding values for object A. How do the maximum speeds of the two objects compare?

- a) The maximum speed of A is one fourth that of object B.
- b) The maximum speed of A is one half that of object B.
- c) The maximum speed of A is the same as that of object B.
- d) The maximum speed of A is two times that of object B.
- e) The maximum speed of A is four times that of object B.

$$v_{max} = \omega A \uparrow$$

= same

$$\uparrow T = \frac{2\pi}{\omega} \downarrow$$



Clicker Question 5:

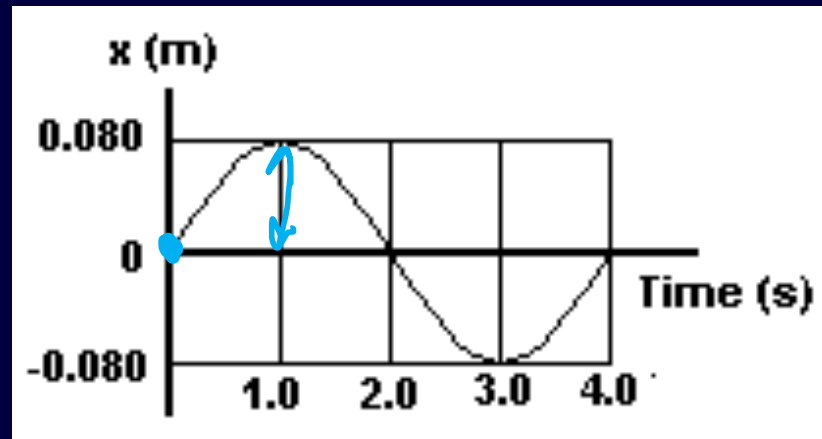
An 0.80 kg object is attached to one end of a spring, and the system is set into simple harmonic motion. The displacement of x of the object as a function of time is shown in the drawing. What is the correct equation for x ?

(a) $x = 0.080 \cos(\pi t)$

(b) $x = 0.160 \sin(\pi t)$

(c) $x = 0.080 \sin\left(\frac{\pi}{2} t\right)$

(d) $x = 0.160 \sin\left(\frac{\pi}{2} t\right)$



$$\omega = \frac{2\pi}{T}$$

$$= \frac{2\pi}{4s} = \frac{\pi}{2}$$

↑

Simple Harmonic Motion:

x_{\max} at $t=0$

$$\begin{aligned} x(t) &= [A]\cos(\omega t) \\ v(t) &= -[\omega A]\sin(\omega t) \\ a(t) &= -[\omega^2 A]\cos(\omega t) \end{aligned}$$

OR

$$\begin{aligned} x(t) &= [A]\sin(\omega t) \\ v(t) &= [\omega A]\cos(\omega t) \\ a(t) &= -[\omega^2 A]\sin(\omega t) \end{aligned}$$

v_{\max} at $t=0$

$$\begin{aligned} x_{\max} &= A \\ v_{\max} &= A\omega \\ a_{\max} &= A\omega^2 \end{aligned}$$

Period = T (seconds per cycle)
Frequency = $f = 1/T$ (cycles per second)
Angular frequency = $\omega = 2\pi f = 2\pi/T$

phase
 $\sin(\omega t + \phi)$
↑ ↑
phase constant

$$\begin{aligned} x(t) &= A \cos(\omega t + \phi) \\ v(t) &= -\omega A \sin(\omega t + \phi) \\ a(t) &= -\omega^2 A \cos(\omega t + \phi) \end{aligned}$$

General

Simple Harmonic Motion:

$$x(t) = [A]\cos(\omega t)$$

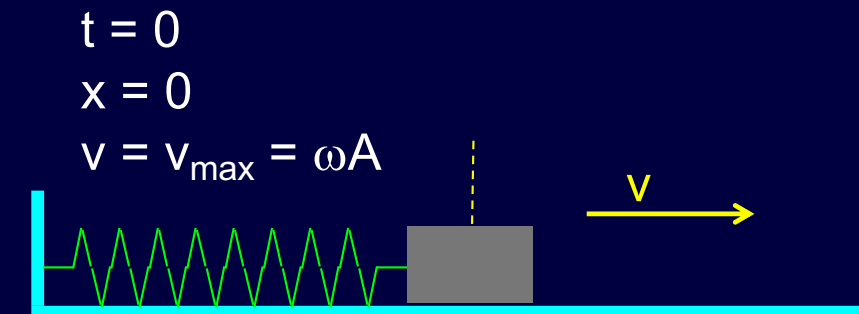
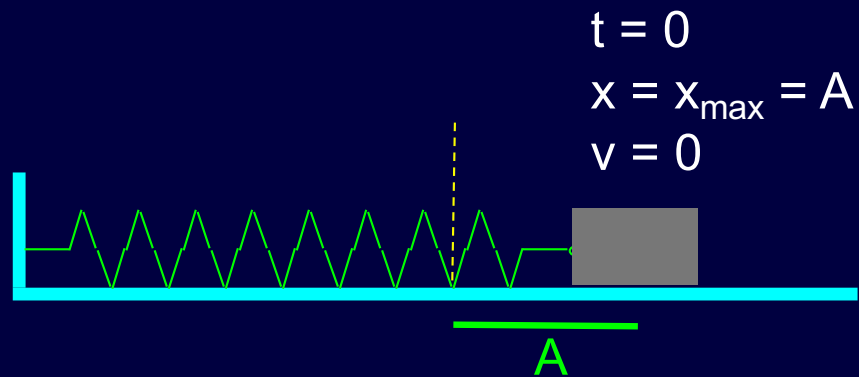
$$v(t) = -[A\omega]\sin(\omega t)$$

$$a(t) = -[A\omega^2]\cos(\omega t)$$

$$x(t) = [A]\sin(\omega t)$$

$$v(t) = [A\omega]\cos(\omega t)$$

$$a(t) = -[A\omega^2]\sin(\omega t)$$



Simple Harmonic Motion:

$$x(t) = A \cos(\omega t + \phi) \rightarrow x(0) = A \cos(\phi) = A$$

$$t = 0$$

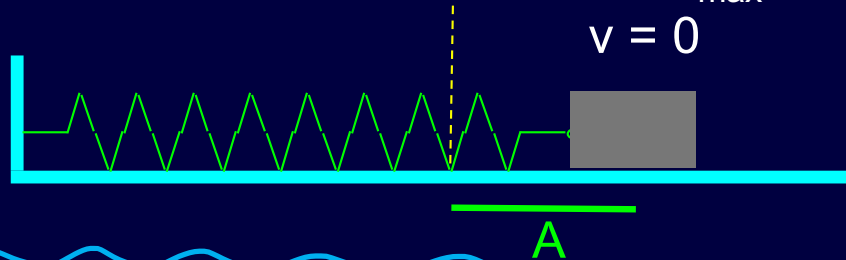
$$x = x_{\max} = A$$

$$v = 0$$

$$\phi = 0$$

$$x(t) = A \cos(\omega t) \quad \leftarrow$$

$$x(0) = A \cos(0) = A$$

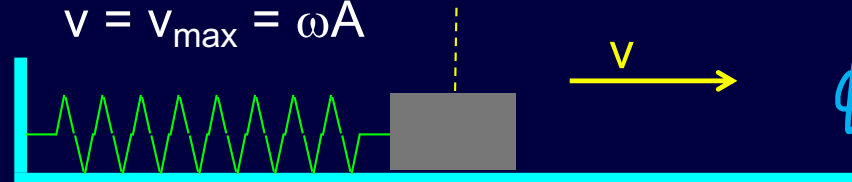


$$t = 0$$

$$x = 0$$

$$v = v_{\max} = \omega A$$

$$x(0) = A \cos(\phi) = 0$$



$$\phi = \pm \frac{\pi}{2}$$

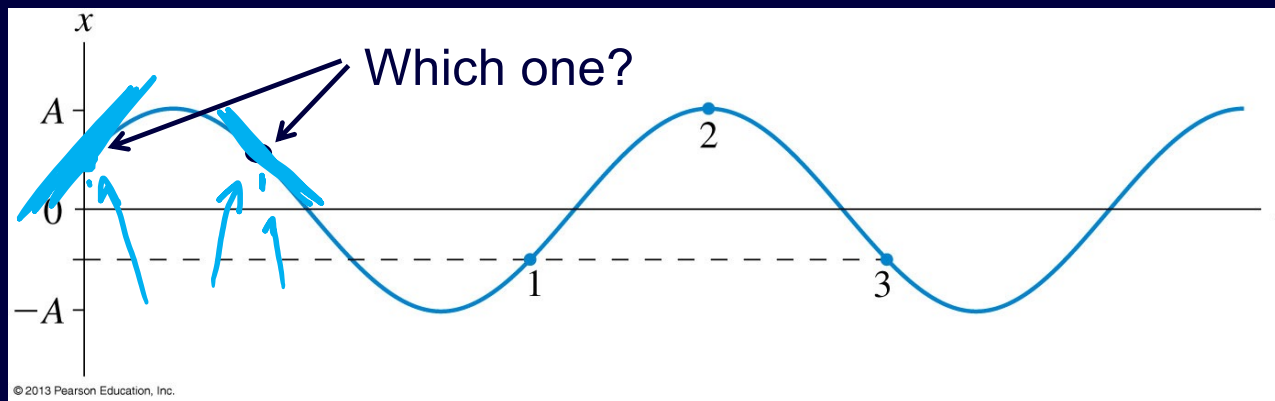
$$x(t) = A \cos(\omega t + \phi)$$

$$\boxed{\phi = -\frac{\pi}{2}}$$

$$x(0) = A \cos\left(-\frac{\pi}{2}\right) = 0$$

$$x(t) = A \cos\left(\omega t - \frac{\pi}{2}\right) = A \sin(\omega t)$$

Phase Constant



$$t=0$$

$$x(0) = \frac{A}{2}$$

$$v(0) = +$$

$$\cos\left(\frac{\pi}{3}\right) = \frac{1}{2}$$

$$\cos\left(-\frac{\pi}{3}\right) = \frac{1}{2}$$

$$x(t) = A \cos(\omega t + \phi)$$

$$x(0) = A \cos(\phi) = \frac{A}{2}$$

$$\cos(\phi) = \frac{1}{2}$$

$$\phi = \pm 1.047 = \pm \frac{\pi}{3}$$

$$v(t) = -\omega A \sin(\omega t + \phi)$$

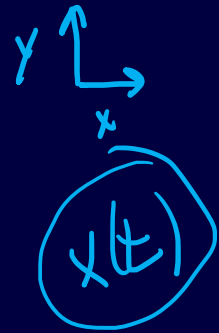
$$v(0) = -\omega A \sin(\phi)$$

$$v(0) = -\omega A \sin\left(-\frac{\pi}{3}\right) = \text{positive}$$

$$x(t) = A \cos\left(\omega t - \frac{\pi}{3}\right)$$

Period for a Mass on a Spring

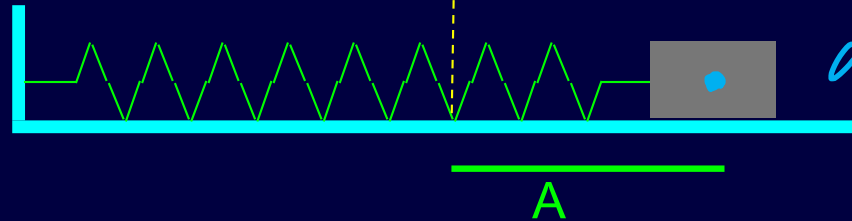
- What can Newton's second law tell us about SHM?



— differential equation

$$\sum F = ma$$

$$-kx = m \frac{d^2 x}{dt^2}$$



$$v = \frac{dx}{dt}$$

$$a = \frac{dv}{dt} = \frac{d^2 x}{dt^2}$$

$$\frac{d^2 x}{dt^2}$$

$$= -\frac{k}{m} x$$

$$x(t) = A \cos(\omega t)$$

$$\dot{x}(t) = -\omega A \sin(\omega t)$$

$$\ddot{x}(t) = -\omega^2 A \cos(\omega t)$$

$$-\omega^2 A \cos \omega t = -\frac{k}{m} A \cos \omega t$$

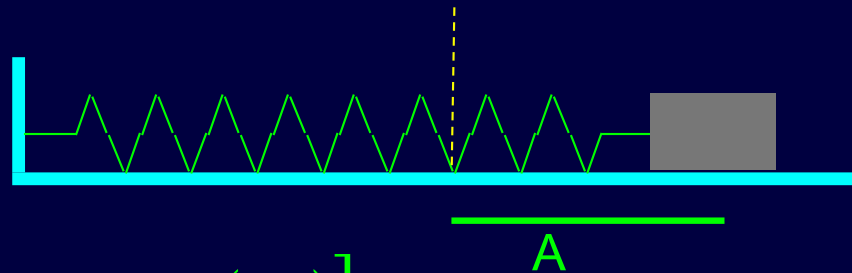
$$\omega^2 = \frac{k}{m}$$

$$\Rightarrow \omega = \sqrt{\frac{k}{m}}$$

Period for a Mass on a Spring

- What can Newton's second law tell us about SHM?

$$\begin{aligned}\sum F &= ma \\ -kx &= ma\end{aligned}$$



$$-k[A \cos(\omega t)] = m[-A \omega^2 \cos(\omega t)]$$

\times

$$k = m\omega^2$$

$$\frac{d^2x}{dt^2}$$

\rightarrow

$$\omega = \sqrt{\frac{k}{m}}$$

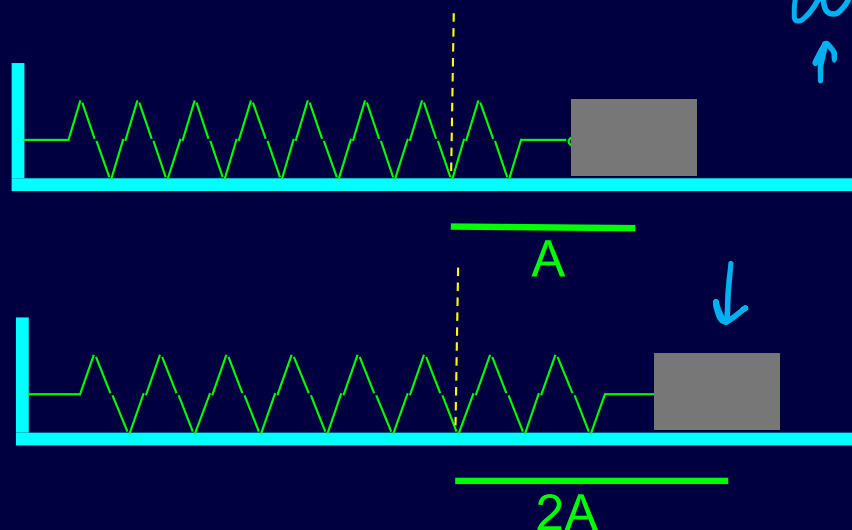
$$\therefore T = 2\pi \sqrt{\frac{m}{k}}$$

$$\omega = \sqrt{\frac{k}{m}}$$

Clicker Question 6:

A mass is attached to a spring. I pull it distance of A and it oscillates with frequency f . If I pull it a distance of $2A$ what will the frequency be?

- (a) $4f$
- (b) $2f$
- (c) f
- (d) $f/2$
- (e) $f/4$



$$\omega = 2\pi f$$

$$\omega = \sqrt{\frac{k}{m}}$$

Demo

Clicker Question 7:

$$\downarrow \omega = \sqrt{\frac{k}{m}} \uparrow$$

A block of mass m oscillates on a horizontal spring with period $T = 2.0$ s. If a second identical block is glued to the top of the first block, the new period will be

$$\uparrow T = \frac{2\pi}{\omega} \downarrow$$

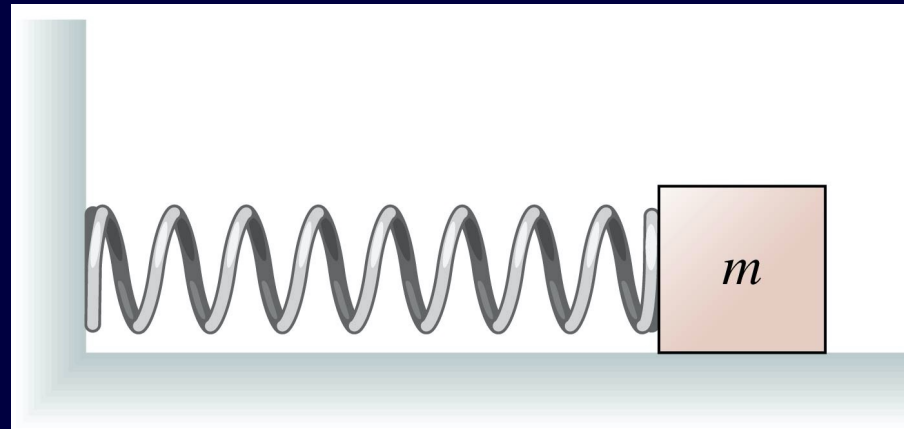
A. 1.0 s.

B. 1.4 s.

C. 2.0 s.

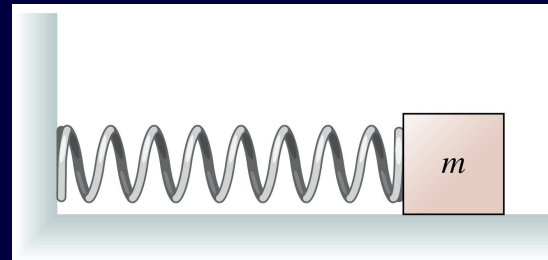
D. 2.8 s.

E. 4.0 s.



Clicker Question 8:

A block of mass m oscillates on a horizontal spring with period $T = 2.0$ s. If a second identical block is glued to the top of the first block, the new period will be



$$T = \frac{2\pi}{\omega}$$

$$\omega = \sqrt{\frac{k}{m}}$$

$$T = 2\pi \sqrt{\frac{m}{k}}$$

$$T_i = 2\pi \sqrt{\frac{m_i}{k}}$$

$$m_f = 2m_i$$

$$T_f = 2\pi \sqrt{\frac{m_f}{k}}$$

$$\frac{T_f}{T_i} = \sqrt{\frac{m_f}{m_i}}$$

$$T_f = \sqrt{2}T_i$$

$$= 2.8 \text{ s}$$

$$\frac{T_f}{T_i} = \frac{2\pi \sqrt{\frac{m_f}{k}}}{2\pi \sqrt{\frac{m_i}{k}}}$$

$$\frac{T_f}{T_i} = \sqrt{\frac{2m}{m}}$$