

# Lecture 8: Work and Energy

## Today's Agenda

- Work and Energy
  - Definition of work
  - Examples
- Definition of Mechanical Energy
- Conservation of Mechanical Energy
  - Conservative forces



**Start Recording**

## Clicker Question 0.1:

A roller coaster car is at the top of a loop-de-loop and does not lose contact with the track. The loop has a diameter of 20m. How many forces act on the car?

- (a) 1
- (b) 2
- (c) 3
- (d) 4
- (e) 5



A roller coaster car is at the top of a loop-de-loop and does not lose contact with the track.

How many forces act on the car?



## Clicker Question 0.2:

A roller coaster car is at the top of a loop-de-loop and does not lose contact with the track.

What force provides the centripetal acceleration required to keep the car moving in a circle?

- (a) Normal Force
- (b) Gravity
- (c) Both (a) and (b)



What is the minimum speed you must have at the top of the roller coaster loop to keep the wheels on the track? The loop has a diameter of 20m.

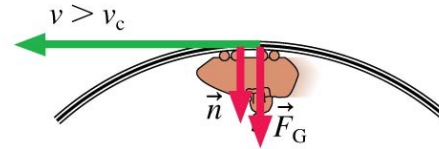


$$v = \sqrt{gR} = 9.9 \text{ m/s}$$

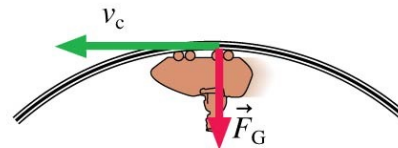
# Loop-the-Loop

A roller-coaster car at the top of the loop.

The normal force adds to gravity to make a large enough force for the car to turn the circle.

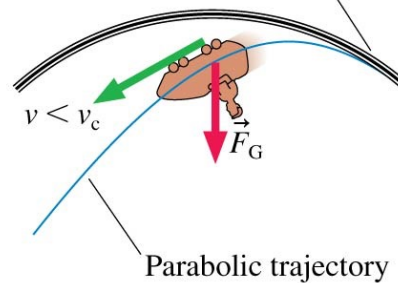


At  $v_c$ , gravity alone is enough force for the car to turn the circle.  $\vec{n} = \vec{0}$  at the top point.



The gravitational force is too large for the car to stay in the circle!

Normal force became zero here.

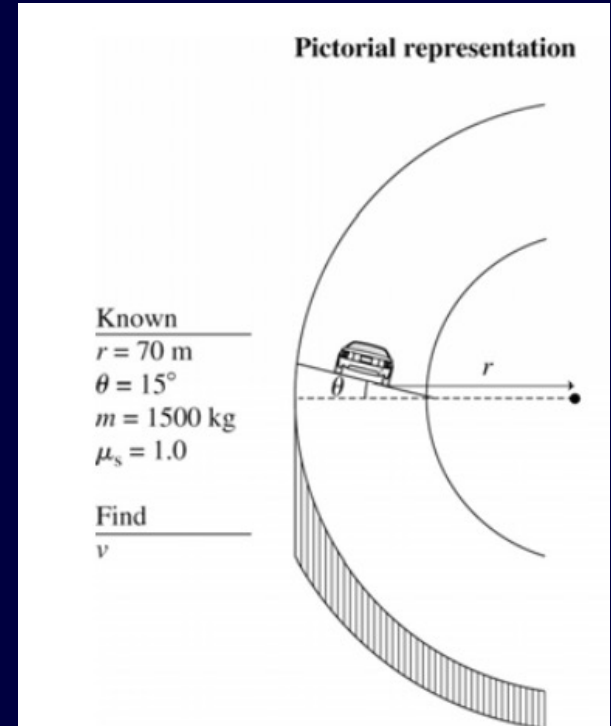


## Clicker Question 4:

A concrete highway curve of radius  $r = 70$  m is banked at a angle of  $15^\circ$ . What is the maximum speed with which a 1500 kg rubber-tired car can take this curve without sliding? (Take the static coefficient of friction of rubber on concrete to be 1.0.)

How many forces act on the car?

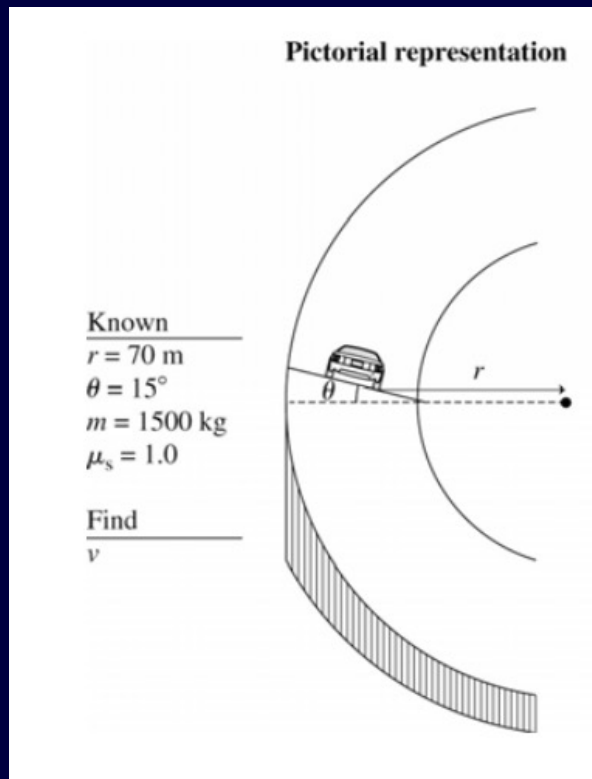
- (A) 2
- (B) 3
- (C) 4
- (D) 5
- (E) 6





## Example 8.40

A concrete highway curve of radius  $r = 70$  m is banked at a angle of  $15^\circ$ . What is the maximum speed with which a 1500 kg rubber-tired car can take this curve without sliding? (Take the static coefficient of friction of rubber on concrete to be 1.0.)



## Example 8.40



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$$\sum F_y = 0 \quad F_s^{\max} = \mu F_N \quad \sum F_x = m a_c$$

$$F_N \cos \theta - F_s \sin \theta - mg = 0$$

$$F_N \cos \theta - \mu F_N \sin \theta = mg$$

$$F_N (\cos \theta - \mu \sin \theta) = mg$$

$$F_N = \frac{mg}{\cos \theta - \mu \sin \theta}$$

$$F_N \sin \theta + F_s \cos \theta = \frac{mv^2}{r}$$

$$F_N \sin \theta + \mu F_N \cos \theta$$

$$F_N (\sin \theta + \mu \cos \theta) = \frac{mv^2}{r}$$

$$\frac{mg}{\cos \theta - \mu \sin \theta} (\sin \theta + \mu \cos \theta) = \frac{mv^2}{r}$$

## Example 8.40

A concrete highway curve of radius  $r = 70$  m is banked at an angle of  $15^\circ$ . What is the maximum speed with which a 1500 kg rubber-tired car can take this curve without sliding? (Take the static coefficient of friction of rubber on concrete to be 1.0.)

$$g \frac{(\sin \theta + \mu \cos \theta)}{\cos \theta - \mu \sin \theta} = \frac{v^2}{r}$$

$$v = \sqrt{\left( \frac{\sin \theta + \mu \cos \theta}{\cos \theta - \mu \sin \theta} \right) g r}$$

$$= 34.5 \text{ m/s}$$

$$\mu = 1$$

$$\theta = 15$$

$$r = 70 \text{ m}$$

$$g = 9.81 \text{ m/s}^2$$

**New section:** Why some things don't change

If something doesn't change we say it is conserved

Concepts like Energy and Momentum are less tangible than mass and force

They will give us a new and different perspective on motion

## Work by a Constant Force

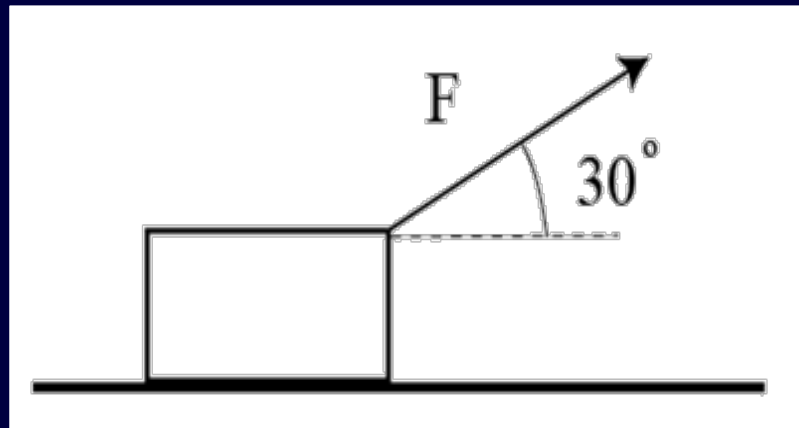
- Work is the energy transferred to a system or object that is caused by a force
- To do work you need two things
  - A Force
  - Motion
- I lift my book with force  $F$  through a distance of  $\Delta s$
- $\text{Work} = F \times \Delta s = \text{Force} \times (\text{Displacement})$ 
  - Equation only works with a constant force
  - Equation only works when the force is in same direction as displacement

$$\text{Work} = \text{N} \times \text{m} = \text{Joule} = \text{J}$$

## Clicker Question 1:

A box sits on the floor. A force  $F = 200\text{ N}$  is then applied to the right but slightly upward at an angle of  $30^\circ$  from the horizontal (see diagram) such that the box moves 5 meters horizontally to the right. How much work is done by the force?

- A. 50 J
- B. 866 J
- C. 1900 J
- D. 2430 J
- E. 3230 J

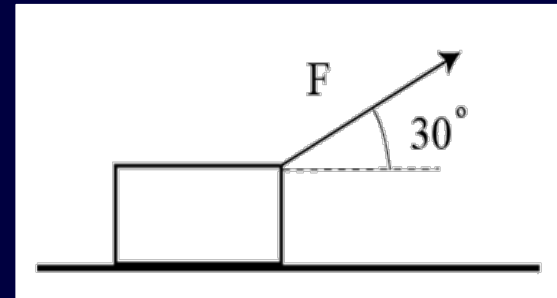


$$\cos 30 = 0.866$$

$$\sin 30 = 0.5$$

## Clicker Question 1:

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$$\cos 30 = 0.866$$

$$\sin 30 = 0.5$$

$$\text{Work} = F \Delta s \cos(\theta)$$

$F$  is magnitude of Force;

$\Delta s$  is displacement

$\theta$  is angle between the two

## Interesting things about work

- You have to move the object to DO work!!
  - I hold up a dumbbell, but it doesn't move
    - I do no work!!
  - Definition of work!
- If force is perpendicular to motion you do no work!
- You can have positive or negative work
  - Work is a scalar (easier for us!)

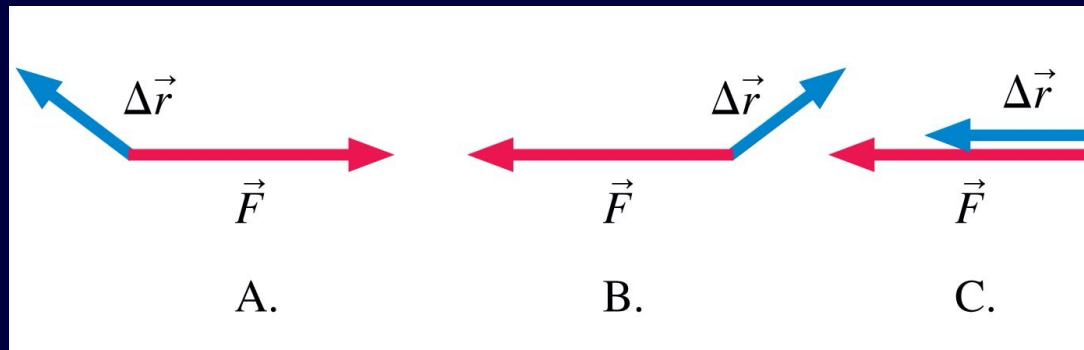


## Positive vs. negative work

- If component of force points in same direction as displacement, **work is positive**
- If component of force points in opposite direction as displacement, **work is negative**
- Good example: Friction (often does negative work)

## Clicker Question 2:

A constant force pushes a particle through a displacement. In which of these three cases does the force do negative work?



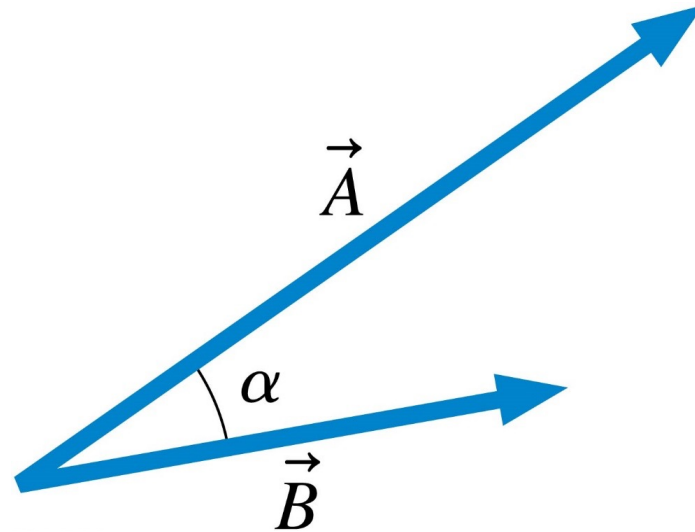
- D. Both A and B.
- E. Both A and C.

## The Dot Product of Two Vectors

- The figure shows two vectors,  $\vec{A}$  and  $\vec{B}$ , with angle  $\alpha$  between them.
- The dot product of  $\vec{A}$  and  $\vec{B}$  is defined as

$$\vec{A} \cdot \vec{B} = AB \cos \alpha$$

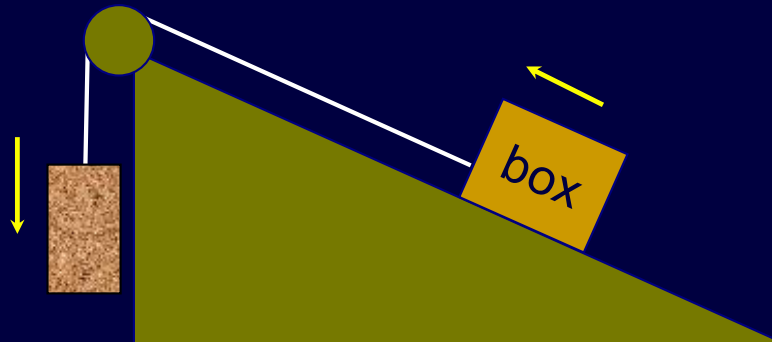
- The dot product is also called the **scalar product** because the value is a scalar.



### Clicker Question 3:

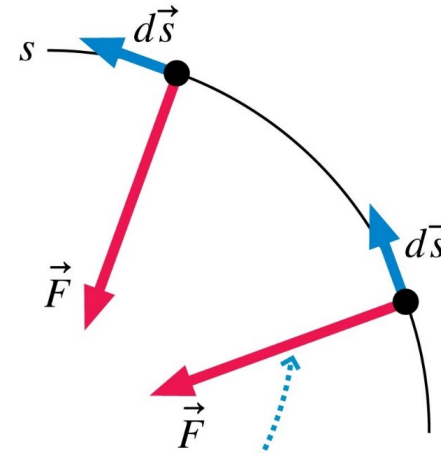
- A box is pulled up a rough ( $\mu > 0$ ) incline by a rope-pulley-weight arrangement as shown below.
  - How many forces are doing work on the box?

- (a) 1
- (b) 2
- (c) 3
- (d) 4
- (e) 5



## Zero-Work Situations

- The figure shows a particle moving in uniform circular motion.
- At every point in the motion,  $F_s$ , the component of the force parallel to the instantaneous displacement, is zero.
- The particle's speed, and hence its kinetic energy, doesn't change, so  $W = \Delta K = 0$ .
- **A force everywhere perpendicular to the motion does no work.**



The force is everywhere perpendicular to the displacement, so it does no work.

## Work Total

- Work total is the work on an object by all forces acting.

$$W_{\text{tot}} = \Sigma W$$

- Work total is the work done by the net force

## Kinetic Energy: Motion

- Apply constant force along x-axis to a point particle  $m$ .

$$W = F_x \Delta s$$

$$= m a_x \Delta s$$

$$= \frac{1}{2} m (v_f^2 - v_i^2)$$

$$\text{recall: } a_x \Delta s = \frac{1}{2} (v_{xf}^2 - v_{xi}^2)$$

- Work changes  $\frac{1}{2} m v^2$
- This is the Kinetic Energy  $K = \frac{1}{2} m v^2$

$$W = \Delta K \quad \text{For Point Particles}$$





## Kinetic Energy

- An object in motion has energy
- Energy of motion is called Kinetic energy
- True for any object with velocity  $v$  and mass  $m$ .

$$K = \frac{1}{2}mv^2$$

Joule



## The Work-Energy Theorem

- $W_{\text{tot}} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$
- Put **positive** work into an object, its speed **increases**!
- Put **negative** work into an object, its speed **decreases**!
- Be careful, we are interested in total work done!!!
  - We must look at **all** forces acting, not just one!

### Clicker Question 4:

Two identical arrows, one with twice the speed of the other, are fired into a bale of hay. Assuming the hay exerts a constant frictional force on the arrows, the faster arrow will penetrate how much further than the slower arrow?

- (A) twice as much as the slower arrow
- (B) four times as much the slower arrow
- (C) six times as much the slower arrow
- (D) eight times as much the slower arrow

## Clicker Question 4:

- $W_{\text{tot}} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$
- $v_f = 0$  and  $W_{\text{tot}} = -Fd$
- $-Fd = -\frac{1}{2}mv_i^2$

$$d = \frac{\frac{1}{2}mv_i^2}{F}$$

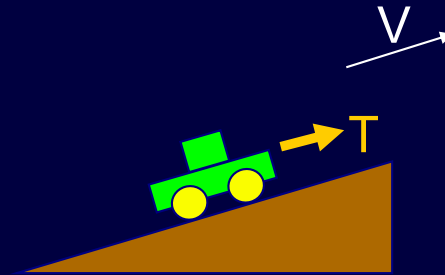
Since the faster arrow is twice as fast, the distance is  $2^2 = 4$  times as long to stop it.

### Clicker Question 5:

You are towing a car up a hill with constant velocity.

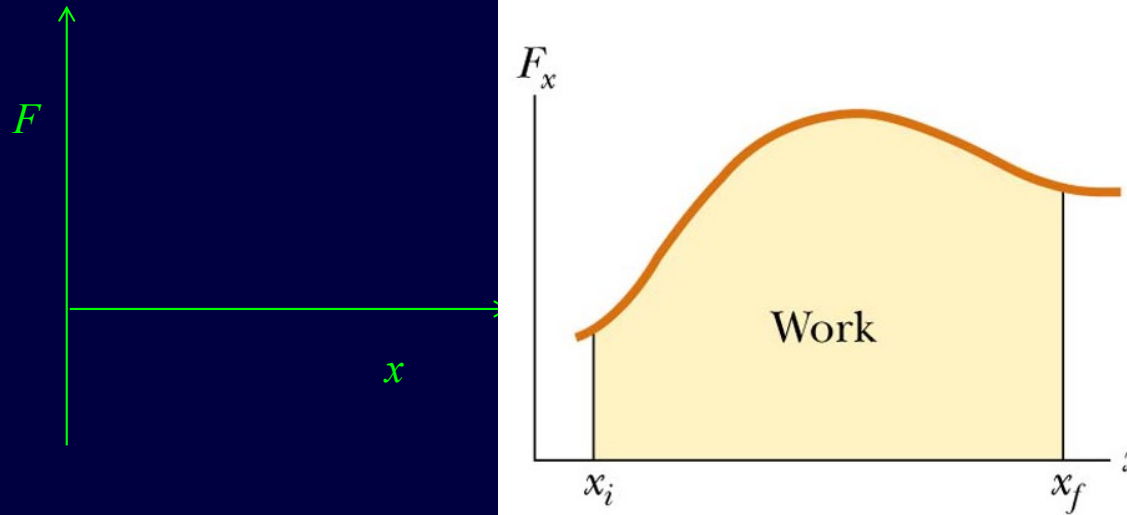
The total work done on the car by all forces is:

- A. positive
- B. negative
- C. zero



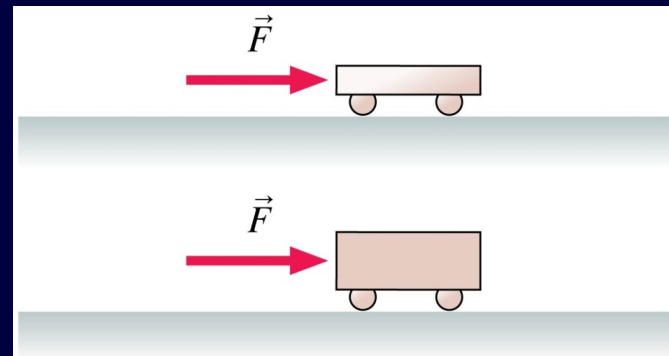
## Work by a Constant Force

- The work done by a force acting on an object that undergoes a displacement is equal to the area under the graph of  $F$  versus  $x$



## Clicker Question 6:

A light plastic cart and a heavy steel cart are both pushed with the same force for a distance of 1.0 m, starting from rest. After the force is removed, the kinetic energy of the light plastic cart is \_\_\_\_\_ that of the heavy steel cart.

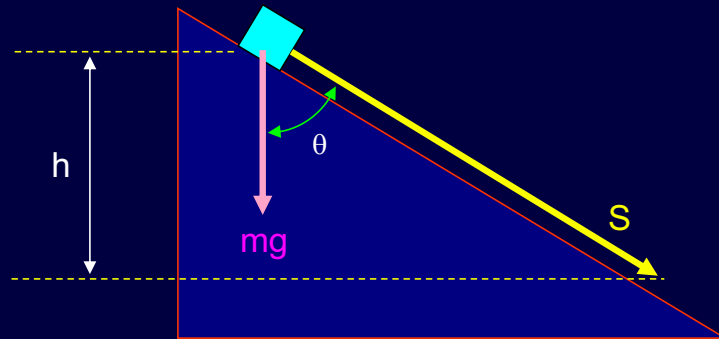


- A. greater than
- B. equal to
- C. less than
- D. Can't say. It depends on how big the force is.

## Clicker Question 7:

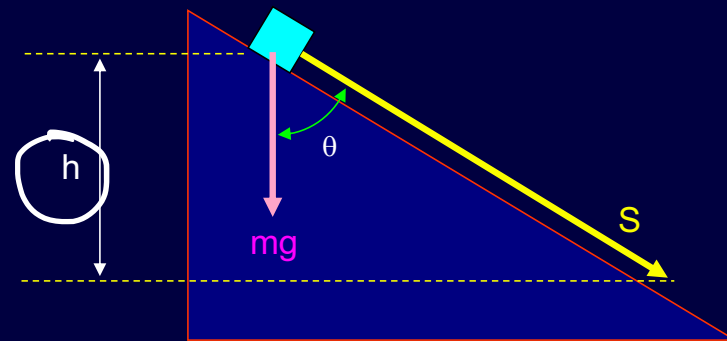
- What is the work done by gravity as the block slides down the incline?

- (a)  $W = mgh$
- (b)  $W = mgh \sin(\theta)$
- (c)  $W = mgh \cos(\theta)$
- (d)  $W = -mgh$
- (e)  $W = -mgh \sin(\theta)$





## Clicker Question 7:



Gravity does zero work for motion in the x-direction

## Clicker Question 7:

You need to raise a heavy block by pulling it with a massless rope. You can either pull the block straight up height  $h$ , or pull it up a long, frictionless plane inclined at a  $15^\circ$  angle until its height has increased by  $h$ . Assume you will move the block at constant speed either way.

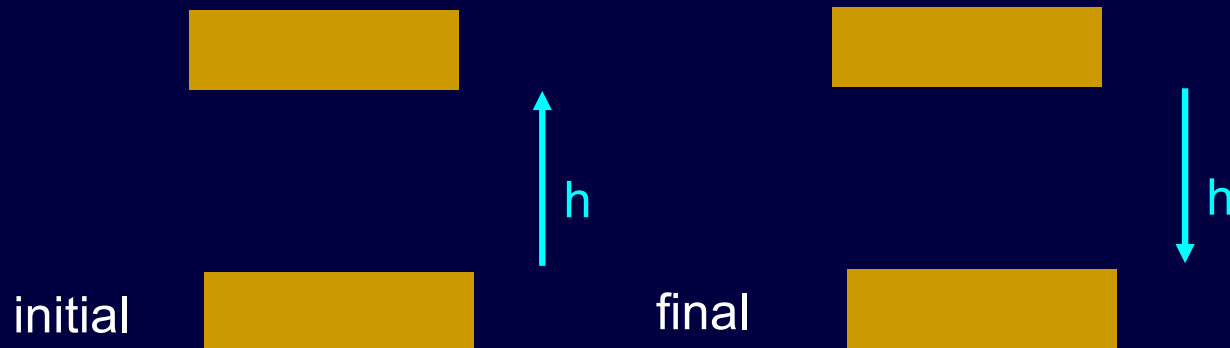
### Student comments:

Correct: “The force exerted at a  $15^\circ$  angle is about  $1/4$  the force exerted by pulling up, however, the distance covered on the  $15^\circ$  ramp is about 4 times the distance covered by pulling straight up.

Correct: “in a) you exert more force over a shorter displacement and in b) you exert less force (due to the angle), over a longer displacement. since work is the product of these two quantities, it is the same in both cases”

## Clicker Question 8:

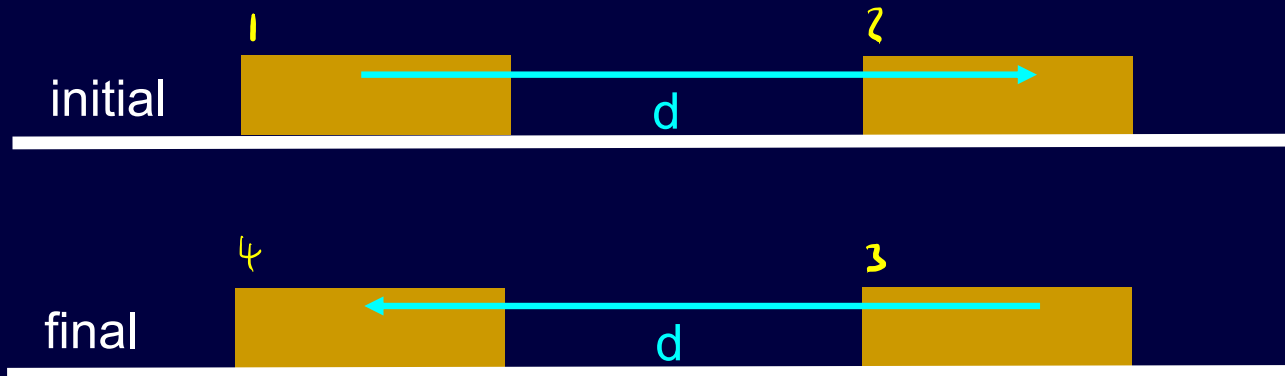
What total work does gravity do as my book is moved up and then back to its starting point?



- (a)  $W = mgh$
- (b)  $W = 0$
- (c)  $W = -mgh$

### Clicker Question 8:

- A frictional force  $F_f$  resists the motion of the box below as it is moved to the right a distance  $d$  and then back to its initial position. What total work does friction do on the block?



- (a)  $W = 2F_f d$
- (b)  $W = 0$
- (c)  $W = -2F_f d$

## Conservative forces

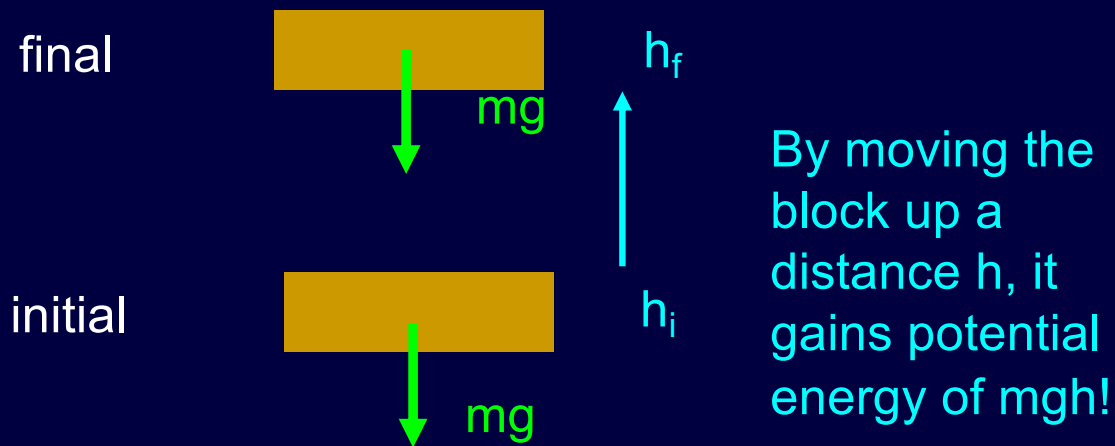
- For conservative forces the work done does not depend on path taken, only the starting and finishing points matter
  - Ex. gravity
- For conservative force work on a closed path is zero
  - When I move my book up and then down to the initial position work done by gravity was zero
- This semester
  - Conservative forces
    - Gravity
    - Springs
  - Non-conservative forces
    - Anything else!
- Conservative forces give object a potential energy!!!!

## Potential energy

- Potential energy: Stored energy
- Energy depends on the position or configuration of an object.
- Potential energy due to gravity
- Potential energy of a spring.
- $\Delta U = -W_{\text{conservative}}$

## Work done by gravity

- Lets compute the work done by the gravitational force.



- $\Delta U = -W_C$
- $\Delta U = -(-mg(h_f - h_i)) = mg(\Delta h)$

$$W_g = -mg\Delta h$$

## The Work-Energy Theorem

$$W_{\text{tot}} = \Delta K$$

$$W_C + W_{\text{NC}} = \Delta K$$

$$W_{\text{NC}} = \Delta K - W_C$$

$$W_{\text{NC}} = \Delta K + \Delta U$$



## Mechanical Energy

- The total mechanical energy is defined as the sum of the potential energy and the kinetic energy of an object.

$$E_{mech} = K + U$$

$$W_{NC} = \Delta K + \Delta U$$

$$W_{NC} = \Delta E$$

$$W_{NC} = E_f - E_i$$

## Conservation of Mechanical Energy

- If only conservative forces are doing work (ie  $W_{\text{NC}}$  is zero), the total mechanical energy of a system is conserved.

$$W_{\text{NC}} = E_f - E_i = 0$$

$$E_{\text{initial}} = E_{\text{final}}$$

$$E = K + U \text{ is } \textbf{constant!!!!}$$

- Both  $K$  and  $U$  can change, but  $E = K + U$  remains constant.

## Conservation of Mechanical Energy

- If only conservative forces are doing work (ie  $W_{NC}$  is zero), the total mechanical energy of a system is conserved.

$$E_{mech\ f} = E_{mech\ i}$$

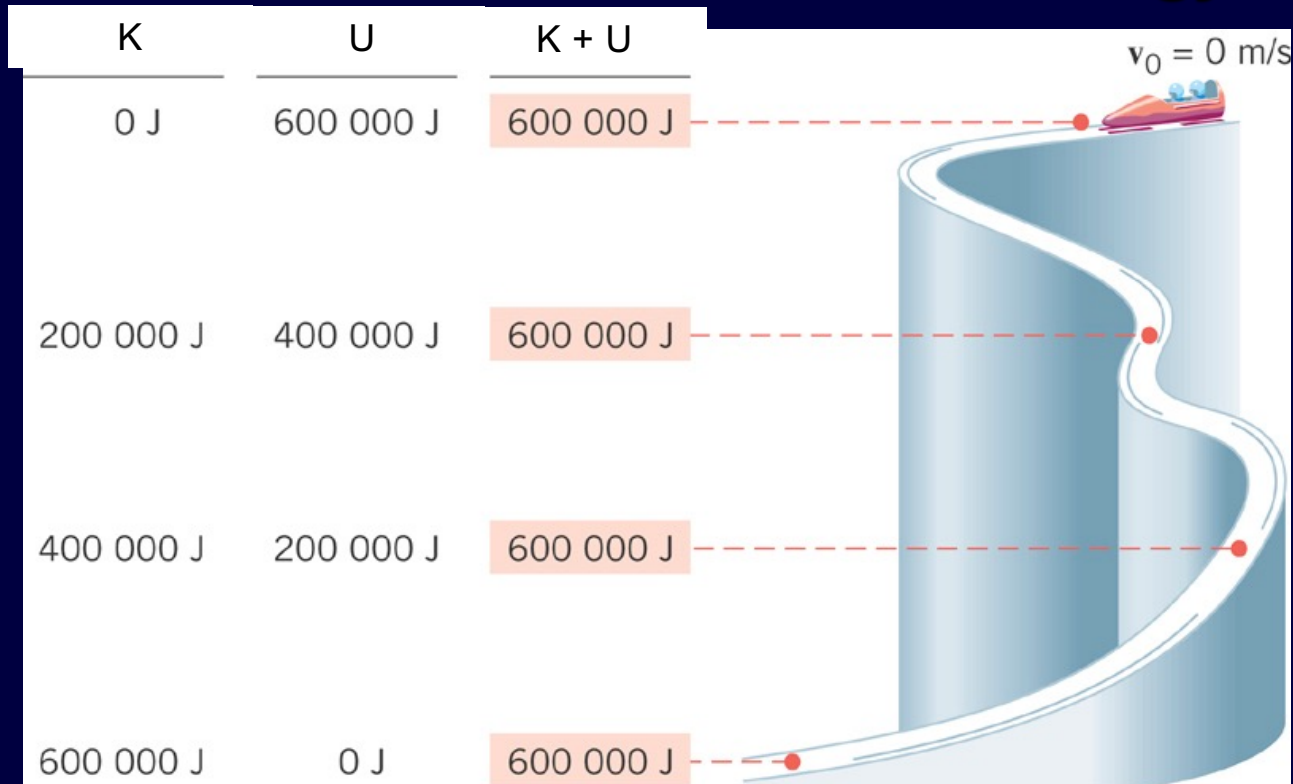
$$K_f + U_{gf} = K_i + U_{gi}$$

$$\frac{1}{2}mv_f^2 + mgy_f = \frac{1}{2}mv_i^2 + mgy_i$$

Mechanical energy is not always conserved!!!!

But Energy is.

# Conservation of Mechanical Energy



## Clicker Question 9:

Three balls are thrown from a cliff with the same speed but at different angles. Which ball has the greatest speed just before it hits the ground?

- A. Ball A.
- B. Ball B.
- C. Ball C.
- D. All balls have the same speed.
- E. Balls A and C

