

# Lecture 9: Work and Energy

## Today's Agenda

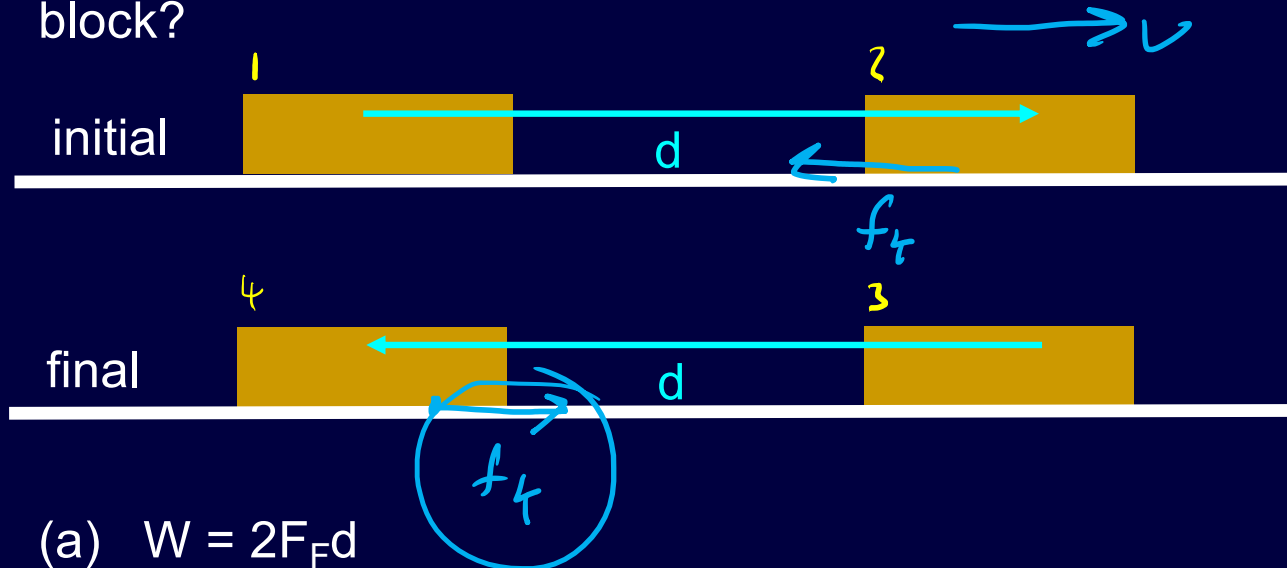
- Work and Energy
  - Definition of work
  - Examples
- Definition of Mechanical Energy
- Conservation of Mechanical Energy
  - Conservative forces



**Start Recording**

## Clicker Question 0:

- A frictional force  $F_f$  resists the motion of the box below as it is moved to the right a distance  $d$  and then back to its initial position. What total work does friction do on the block?



- (a)  $W = 2F_f d$
- (b)  $W = 0$
- (c)  $W = -2F_f d$

## Potential energy

- Potential energy: Stored energy
- Energy depends on the position or configuration of an object.
- Potential energy due to gravity
- Potential energy of a spring.



$$\Delta U = -W_{\text{conservative}}$$

$$\begin{aligned}\Delta U &= -W_{\text{cons}} \\ &= -(-W) \\ \Delta U &= W\end{aligned}$$

$$W_C = -\Delta U$$

## Conservative forces

- For conservative forces the work done does not depend on path taken, only the starting and finishing points matter
  - Ex. gravity
- For conservative force work on a closed path is zero
  - When I move my book up and then down to the initial position work done by gravity was zero
- This semester
  - Conservative forces
    - Gravity ✓
    - Springs ✓
  - Non-conservative forces
    - Anything else!
- Conservative forces give object a potential energy!!!!



## Conservation of Mechanical Energy ✓

- If only conservative forces are doing work (ie  $W_{NC}$  is zero), the total mechanical energy of a system is conserved.

$$W_{TOT} = \Delta K$$

$$W_{NC} + W_C = \Delta K$$

$$W_{NC} - \Delta U = \Delta K$$

$$W_{NC} = \Delta K + \Delta U$$

$$W_{NC} = E_f - E_i$$

$$W_{NC} = E_f - E_i = 0 = 0 \quad \checkmark$$
$$E_{\text{initial}} = E_{\text{final}} \quad \swarrow$$

$E = K + U$  is **constant!!!**

- Both  $K$  and  $U$  can change, but  $E = K + U$  remains constant.

## Conservation of Mechanical Energy

- When only conservative forces are doing work on an object one can conserve mechanical energy

gravity

$$E_{\text{mech } f} = E_{\text{mech } i}$$

$$K_f + U_{gf} = K_i + U_{gi}$$

$$\frac{1}{2}mv_f^2 + mgy_f = \frac{1}{2}mv_i^2 + mgy_i$$

$$E = K + U$$

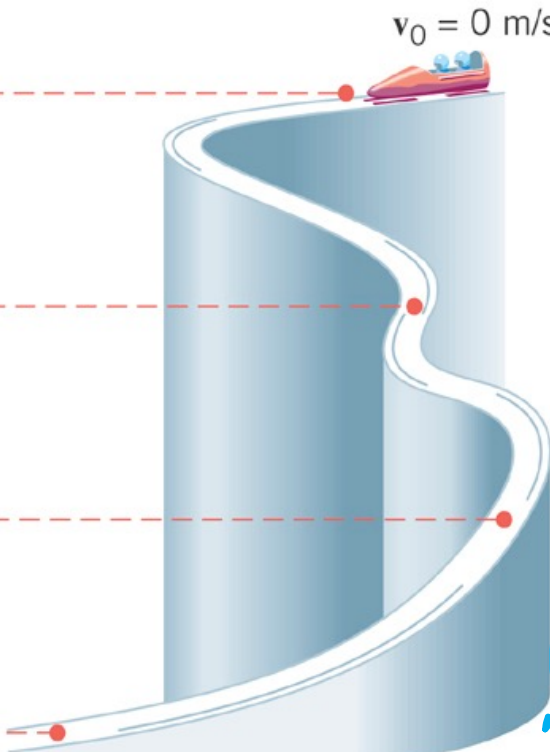
Mechanical energy is not always conserved!!!!

But Energy is. ←

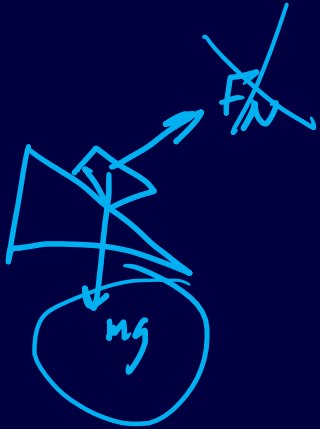
$$F_{\text{friction}} \approx 0$$

## Conservation of Mechanical Energy

K	U	K + U
0 J	600 000 J	600 000 J
200 000 J	400 000 J	600 000 J
400 000 J	200 000 J	600 000 J
600 000 J	0 J	600 000 J



$v_0 = 0 \text{ m/s}$

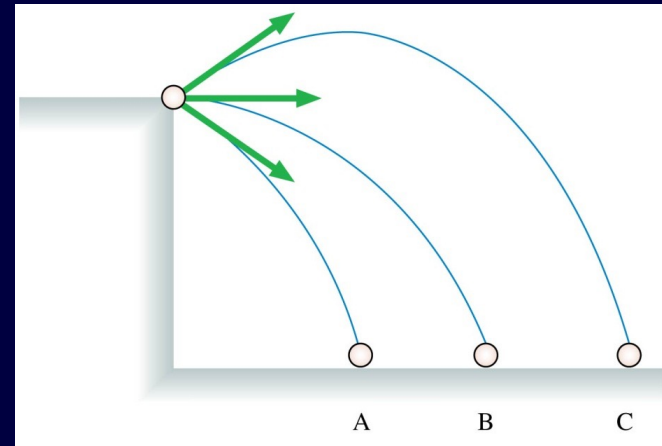




## Clicker Question 0:

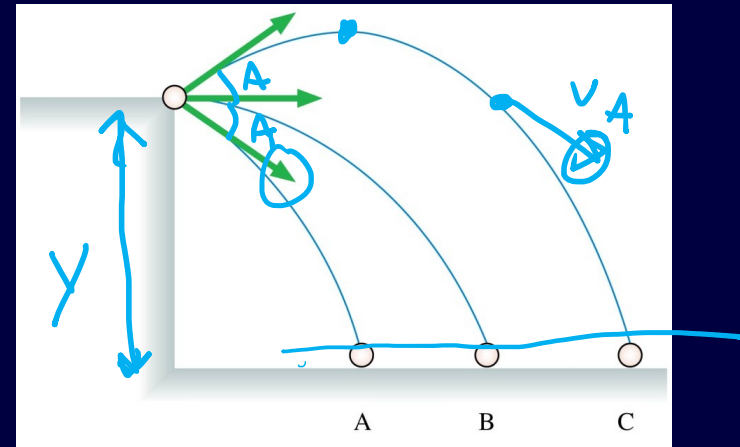
Three balls are thrown from a cliff with the same speed but at different angles. Which ball has the greatest speed just before it hits the ground?

- A. Ball A.
- B. Ball B.
- C. Ball C.
- D. All balls have the same speed.
- E. Balls A and C



## Clicker Question 0:

Three balls are thrown from a cliff with the same speed but at different angles. Which ball has the greatest speed just before it hits the ground?



$$E_{\text{mech f}} = E_{\text{mech i}}$$

$$K_f + U_{gf} = K_i + U_{gi}$$

$$\frac{1}{2} \cancel{m} v_f^2 + \cancel{m} g (0) = \frac{1}{2} \cancel{m} v_i^2 + \cancel{m} g y = \text{same mech. energy}$$

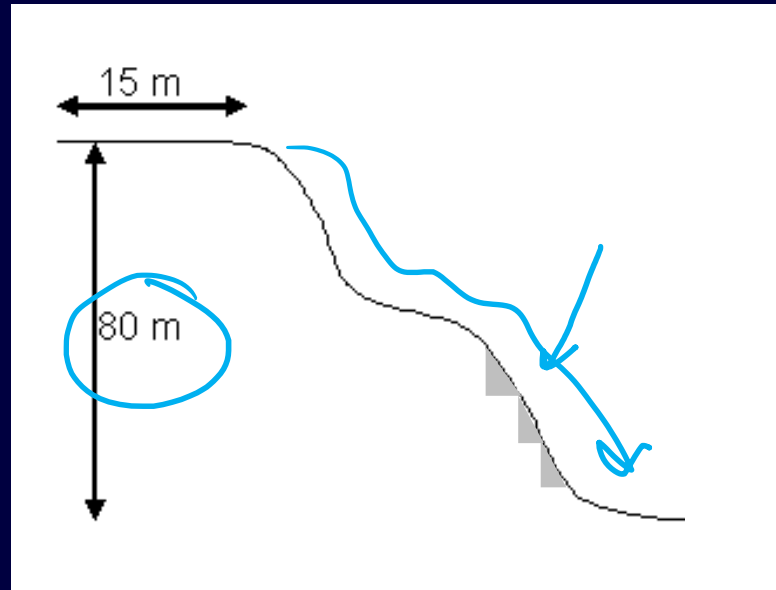
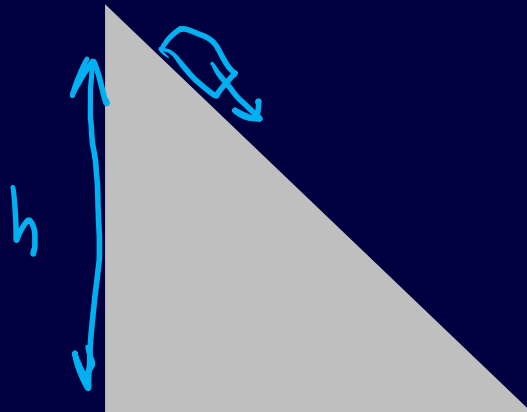
$$v_f = \sqrt{v_i^2 + 2gy}$$

$$v_f^2 = v_i^2 + 2gy$$

**Student:** why would we want to know if a force is conservative or non conservative?

only  
gravity  
is  
doing  
work

# Gravitational Potential Energy on a Frictionless Surface



Can approximate any surface as a bunch of small inclines!

This conservation law works for any frictionless surface!

$$\Sigma \vec{F} = m\vec{g} = 0$$

$$W_{T,T} = \Delta K$$

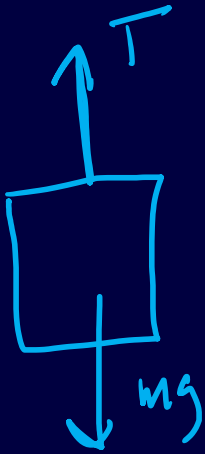
$$W_{TOT} = 0$$

### Clicker Question 1:

An elevator supported by a single cable descends a shaft at a constant speed. The only forces acting on the elevator are the tension in the cable and the gravitational force.

Which one of the following statements is true?

- a) The work done by the tension force is zero joules.
- b) The net work done by the two forces is zero joules.  $\leftarrow$
- c) The work done by the gravitational force is zero joules.
- d) The magnitude of the work done by the gravitational force is larger than that done by the tension force.  $\leftarrow$
- e) The magnitude of the work done by the tension force is larger than that done by the gravitational force.



$$W_{TOT} = F_{net} d = 0$$

## Clicker Question 2:

A quarter is dropped from rest from the fifth floor of a very tall building. The speed of the quarter is  $v$  just before striking the ground. From what floor would the quarter have to be dropped from rest for the speed just before striking the ground to be approximately  $2v$ ? Ignore all air resistance effects to determine your answer.



a) 14

b) 25

c) 20

d) 7

e) 10

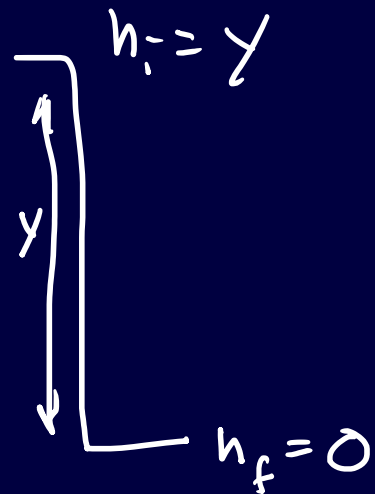
$$E_{\text{mechf}} = E_{\text{mechi}}$$

$$K_f + U_{gf} = K_i + U_{gi}$$

$$\frac{1}{2}mv_f^2 + mg(0) = \frac{1}{2}m(0)^2 + mgy$$

$$\frac{1}{2}v_f^2 = gy$$

$$v_f = \sqrt{2gy}$$



$$\sqrt{4} = 2$$

## Clicker Question 2:

A quarter is dropped from rest from the fifth floor of a very tall building. The speed of the quarter is  $v$  just before striking the ground. From what floor would the quarter have to be dropped from rest for the speed just before striking the ground to be approximately  $2v$ ?

Student Comments:

Correct: “since speed is squared in the kinetic energy equation, increasing the height by 4 will result in a two-fold increase in speed”

Incorrect : “By doubling the height, you are doubling the mechanical energy and therefore doubling the ending height.”

## Kinetic Energy: Motion

- Apply constant force along x-axis to a point particle  $m$ .

$$W = F_x \Delta s$$

$$= m a_x \Delta s$$

$$= \frac{1}{2} m (v_f^2 - v_i^2)$$

$$\text{recall: } a_x \Delta s = \frac{1}{2} (v_{xf}^2 - v_{xi}^2)$$

- Work changes  $\frac{1}{2} m v^2$
- This is the Kinetic Energy  $K = \frac{1}{2} m v^2$

$$W = \Delta K \quad \text{For Point Particles}$$







## Work by a Non-Constant Force

- The work done by a force acting on an object that undergoes a displacement is equal to the area under the graph of  $F$  versus  $x$

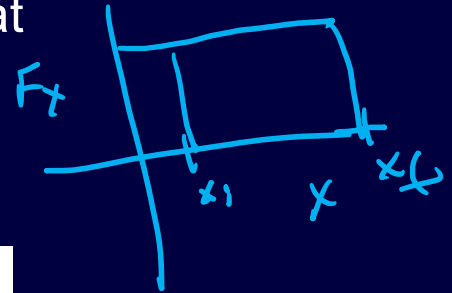
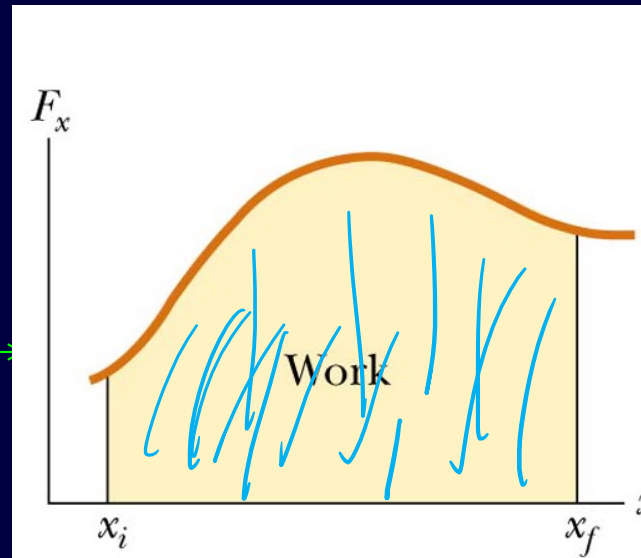
$$W = \int_{x_i}^{x_f} F_x dx$$

$$= F_x \int_{x_i}^{x_f} dx$$

$$= F_x x \Big|_{x_i}^{x_f}$$

$$= F_x (\Delta x)$$

$$= F_x (x_f - x_i)$$



## Work done by Gravity



$$W = \int \vec{F} \cdot d\vec{r} = \int (-mg\hat{y}) \cdot (dx\hat{x} + dy\hat{y} + dz\hat{z})$$



$$W = \int_{h_i}^{h_f} (-mg) dy = -mg(h_f - h_i)$$

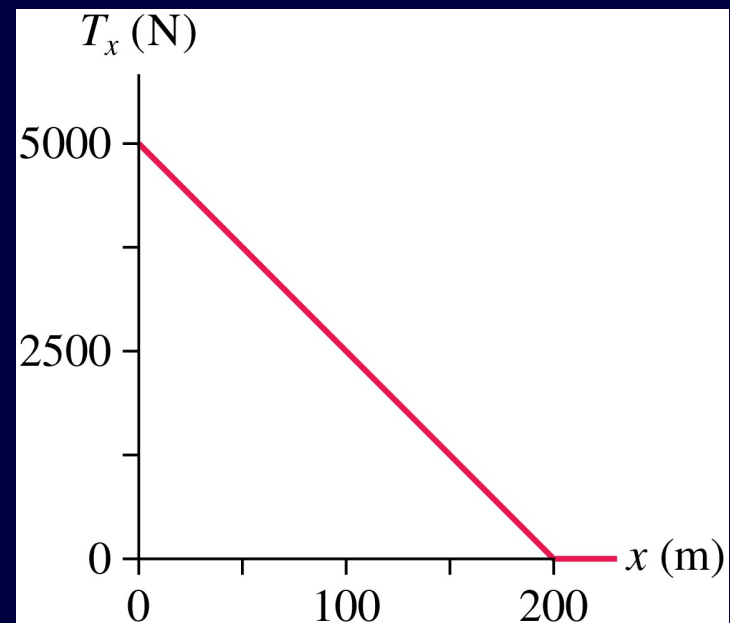
$$W = -mg\Delta h$$

Independent of x and z directions

### Clicker Question 3:

A 1500 kg car is towed, starting from rest. The figure below shows the tension force in the tow rope as the car travels from  $x = 0$  m to  $x = 200$  m. What is the car's speed after being pulled 200 m?

- a) 15 m/s
- b) 26 m/s
- c) 20 m/s
- d) 9 m/s
- e) 11 m/s



### Clicker Question 3:

A 1500 kg car is towed, starting from rest. The figure below shows the tension force in the tow rope as the car travels from  $x = 0$  m to  $x = 200$  m. What is the car's speed after being pulled 200 m?

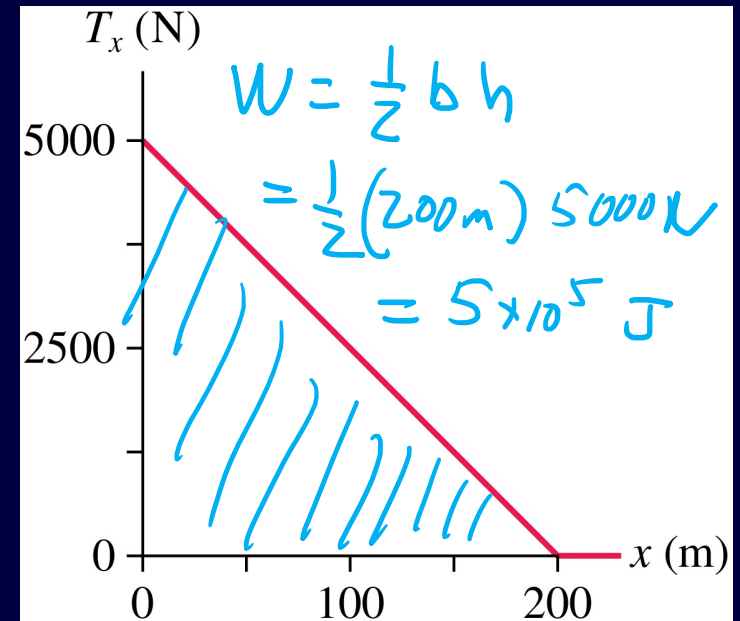
$$W_{TJR} = \Delta K$$

$$\int F_x dx = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$$\int F_x dx = \frac{1}{2} m v_f^2$$

$$\frac{2 \int F_x dx}{m} = v_f^2$$

$$v_f = \sqrt{\frac{2 \left( \int F_x dx \right)}{m}} = \sqrt{\frac{2 \left( 5 \times 10^5 \text{ J} \right)}{1500 \text{ kg}}} = 26 \text{ m/s}$$

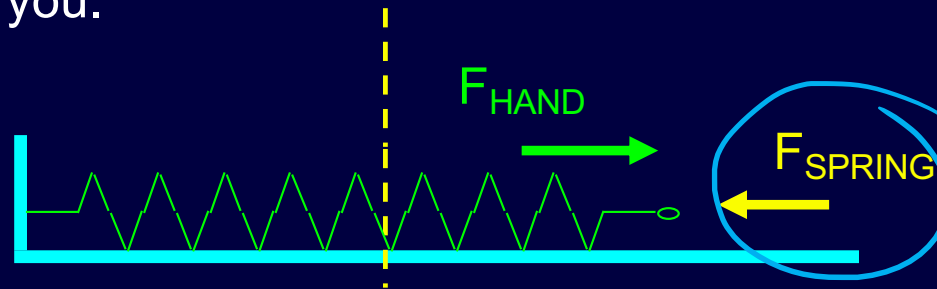


## Force due to a spring

- When to compress a spring the spring pushes out on you.



- When you stretch a spring the spring will pull back on you.



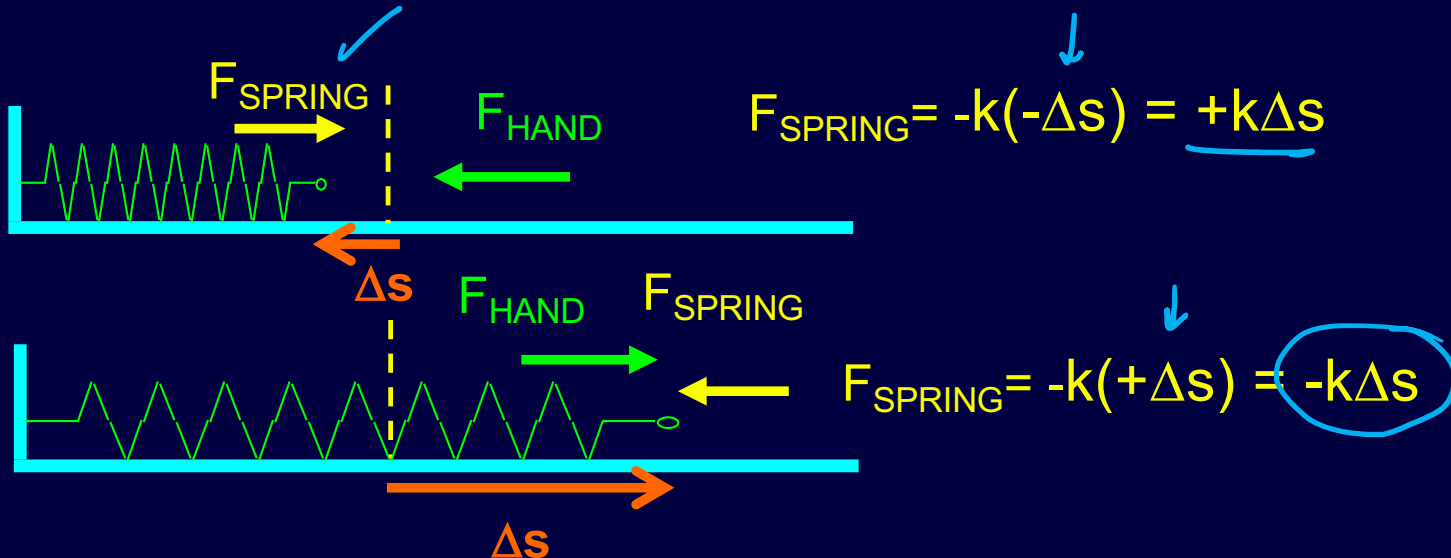
- Spring force always opposes force you apply

**Student:** The work of spring is in the opposite direction of the force acted upon it, which is similar to friction. So why is spring a conservative force but friction not a conservative force?

## Force due to a spring

→ Hooke's Law

- $F_{\text{SPRING}} = -k(\Delta s)$
- $\Delta s$  is distance spring is compressed or stretched from its relaxed length (*happy place*)
- $k$  is the spring constant (how strong the spring is)



## Spring force

ideal spring  
model

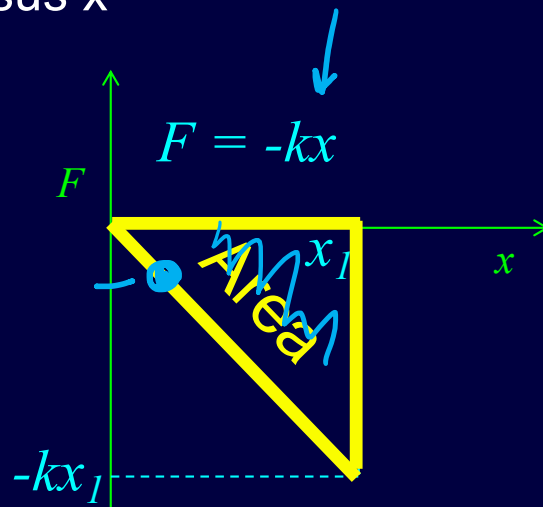
- **Restoring force:** Always works to restore the original position.
- The **k** constant depends on many factors (material, how many rings, etc) Only good for a particular spring
- Measure of stiffness
  - Large **k** real strong (shock absorber)
  - Small **k** not strong (slinky)



$$U = \frac{1}{2} k x^2$$

## Work by a Non-constant Force

- The work done by a variable force acting on an object that undergoes a displacement is equal to the area under the graph of  $F$  versus  $x$



$$= \frac{1}{2} \text{ height } \times \text{ base}$$

$$W = \frac{1}{2} (-kx_1)(x_1)$$

$$W = -\frac{1}{2} k(x_1)^2$$

$$W_C = -\Delta U$$

$$\Delta U = \frac{1}{2} kx^2$$

$$\Delta U = \frac{1}{2} k(\Delta s)^2$$

## Many objects can behave like a spring

- Restoring force
- Example
  - Bow and Arrow ✓
  - Pendulum ✓
  - Basketball ✓
  - Superball ✓
  - Tendons ✓
  - Deforming an object
  - Many forces over small distances
  - Molecules ✓

## Conservation of Mechanical Energy

2A Good when only gravity or a spring-like force are doing work on an object

$$E_{\text{mech } f} = E_{\text{mech } i}$$

$$K_f + U_f = K_i + U_i$$

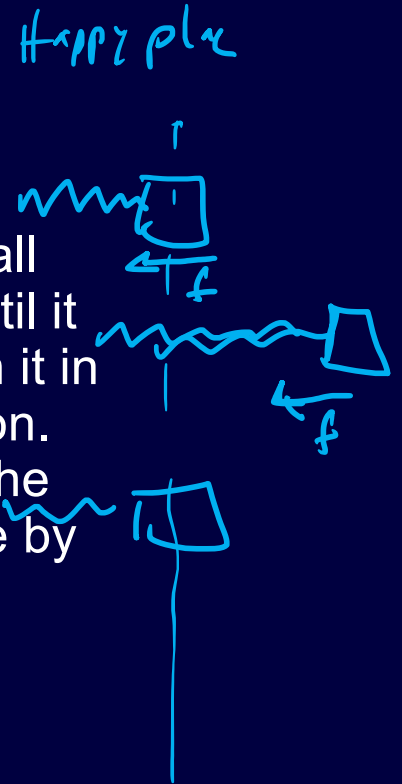
$$\frac{1}{2}k\Delta s_f^2 + \frac{1}{2}mv_f^2 + mgh_f = \frac{1}{2}k\Delta s_i^2 + \frac{1}{2}mv_i^2 + mgh_i$$

### Clicker Question 4:

You grasp the end of a spring that is attached to the wall and is initially in its resting position. You pull it out until it is extended 0.1 m from its resting position, then push it in until it is compressed by 0.1 m from its resting position. Finally, you return the spring to its resting position. The spring constant is  $k = 20 \text{ N/m}$ . The total work  $W$  done by the spring on your hand is

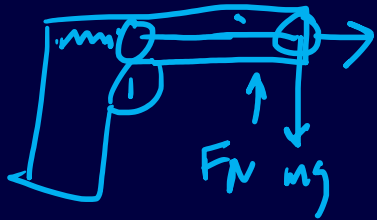
- (a)  $W < 0$
- (b)  $W = 0$
- (c)  $W > 0$

For conservative force work on a closed path is zero!



## Clicker Question 5:

A spring-loaded gun shoots a plastic ball with a launch speed of 2.0 m/s. If the spring is then compressed twice the distance it was on the first shot. The ball's new launch speed will be



A. 1.0 m/s.

B. 2.0 m/s.

C. 2.8 m/s.

D. 4.0 m/s.

E. 16.0 m/s.

$$E_{\text{mech f}} = E_{\text{mech i}}$$

$$K_f + U_f = K_i + U_i$$

$$\frac{1}{2}mv_f^2 + \frac{1}{2}k(\Delta s)_f^2 = \frac{1}{2}mv_i^2 + \frac{1}{2}k(\Delta s)_i^2$$

$$\frac{1}{2}mv_f^2 = \frac{1}{2}k(\Delta s)_i^2$$

$$v_f = \Delta s_i \sqrt{k/m}$$

Conservation of energy:

Double  $\Delta x \Rightarrow$  increase  $v$  by factor of 2

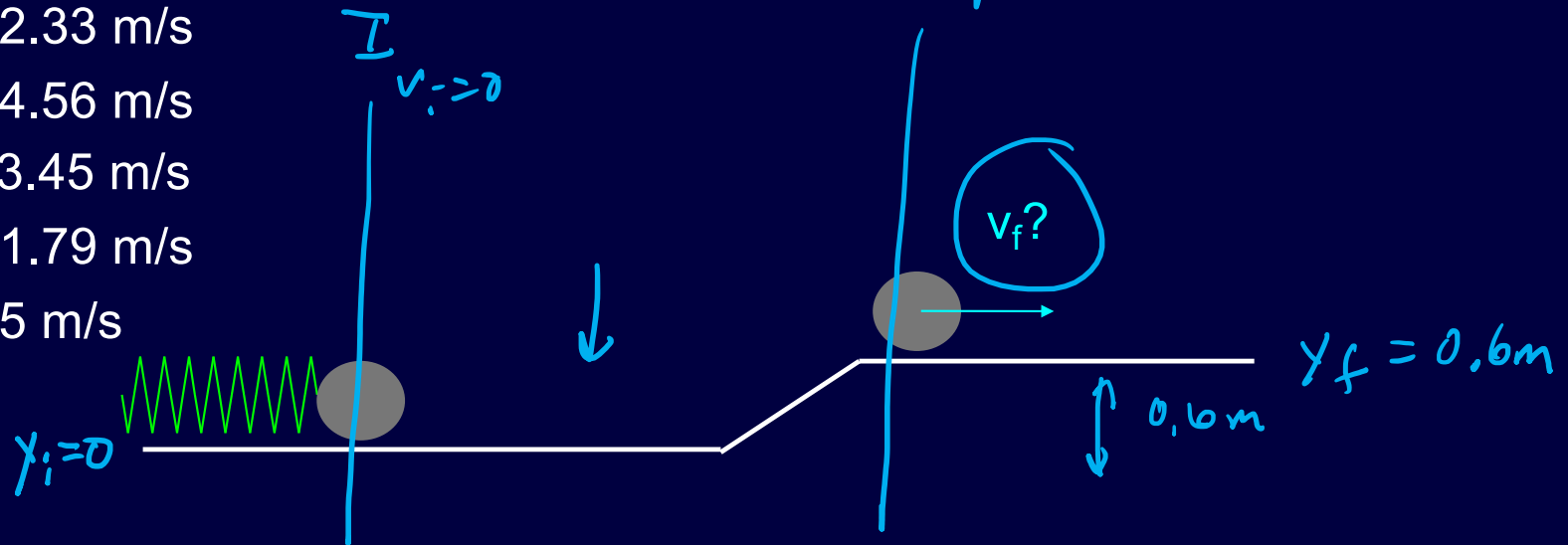
### Clicker Question 6:

→ gravity

→ Spring

- A spring is compressed by a ball an amount  $x = 0.5 \text{ m}$ . The system is released and the ball is shot out down a frictionless table. At the end of the table the ball encounters a hump that brings it up to a height of  $0.6 \text{ m}$ . If the mass of the ball is  $10 \text{ kg}$  and the  $k$  for the spring is  $600 \text{ N/m}$  what is the final speed of the ball?

- a)  $2.33 \text{ m/s}$
- b)  $4.56 \text{ m/s}$
- c)  $3.45 \text{ m/s}$
- d)  $1.79 \text{ m/s}$
- e)  $5 \text{ m/s}$



$$E_f = E_i$$

$$K_f + U_f = K_i + U_i$$

$$\frac{1}{2}kx_f^2 + \frac{1}{2}mv_f^2 + mgy_f = \frac{1}{2}kx_i^2 + \frac{1}{2}mv_i^2 + mgy_i$$

$$\cancel{\frac{1}{2}k(0)^2} + \frac{1}{2}mv_f^2 + \underline{mg(.6)} = \sqrt{\frac{1}{2}k(.5)^2} + \cancel{\frac{1}{2}m(0)^2} + \cancel{mg(0)}$$

$$\frac{1}{2}mv_f^2 + \underline{mg(.6)} = \frac{1}{2}k(.5)^2$$

$$\frac{1}{2}mv_f^2 = \frac{1}{2}k(.5)^2 - mg(.6)$$

$$mv_f^2 = k(.5)^2 - 2mg(.6)$$

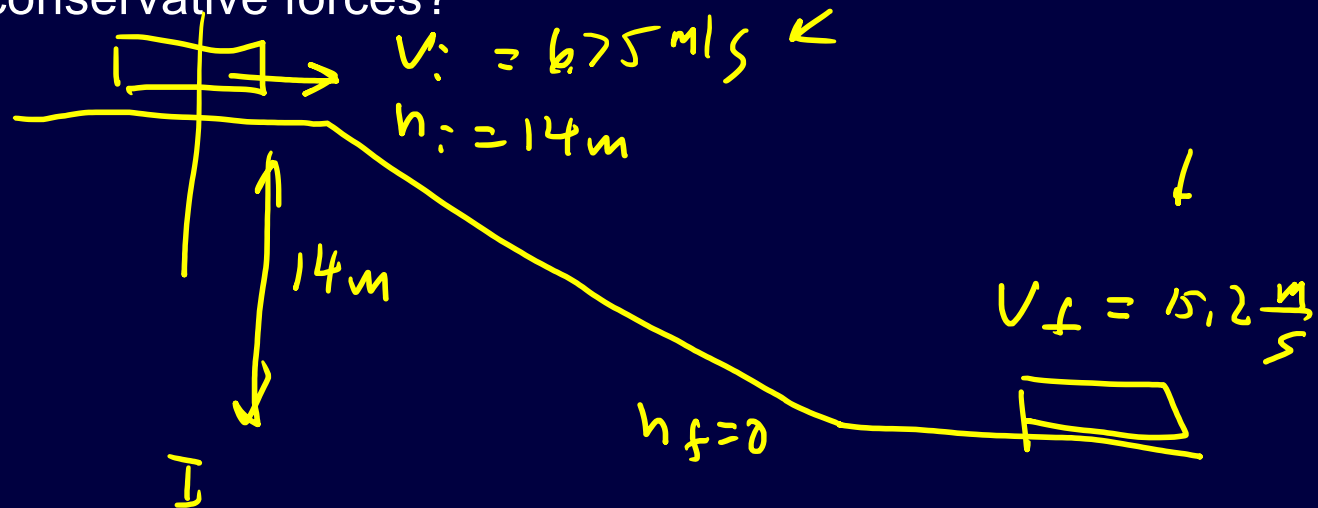
$$v_f^2 = (k/m)(.5)^2 - 2g(.6)$$

$$\boxed{v_f = 1.79 \text{ m/s}} \quad v_f^2 = 3.22 \text{ (m/s)}^2$$

### Clicker Question 7:

The Jensens decided to spend their family vacation white water rafting. During one segment of their trip down a horizontal section of the river, the raft (total mass = 544 kg) has an initial speed of 6.75 m/s. The raft then drops a vertical distance of 14.0 m, ending with a final speed of 15.2 m/s. How much work was done on the raft by non-conservative forces?

- a) -12 100 J
- b) -18 200 J
- c) -24 200 J
- d) -36 300 J
- e) -48 400 J





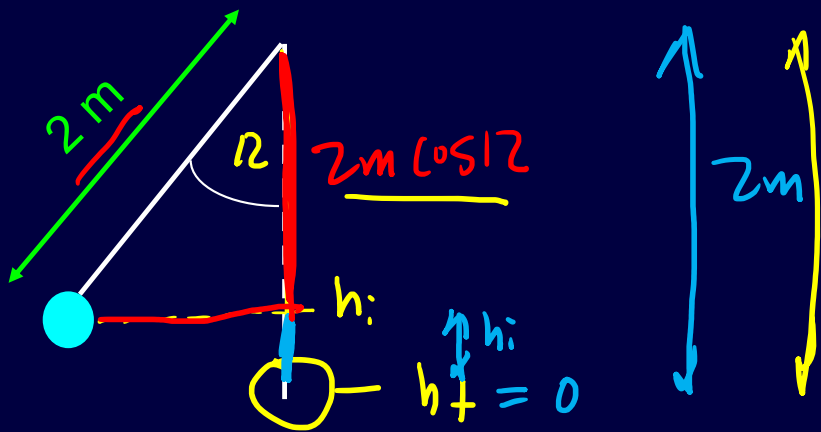
## Example Problems:

The Jensens decided to spend their family vacation white water rafting. During one segment of their trip down a horizontal section of the river, the raft (total mass = 544 kg) has an initial speed of 6.75 m/s. The raft then drops a vertical distance of 14.0 m, ending with a final speed of 15.2 m/s. How much work was done on the raft by non-conservative forces?

$$\begin{aligned} W_{NC} &= E_f - \underline{E_i} = -24,200 \text{ J} \\ &= \left[ \frac{1}{2} m v_f^2 + m \cancel{g} h_f \right] - \left[ \frac{1}{2} m v_i^2 + m g h_i \right] \\ &\quad \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2 - m g h_i \\ &= \frac{1}{2} (544 \text{ kg}) (15.2 \text{ m/s})^2 - \frac{1}{2} (544 \text{ kg}) (6.75 \text{ m/s})^2 - 544 \text{ kg} [14 \text{ m}] \\ &= \underline{-24,200 \text{ J}} \end{aligned}$$

## Example Problems:

A pendulum is brought out an angle of  $12^\circ$ . What speed will it have when it returns to its initial position?



$$h_i = 2m - 2m \cos 12$$
$$= 0.044m$$

A 1.5s

B 5.1s

$$E_f = E_i$$

$$\frac{1}{2} m v_f^2 + m g h_f = \frac{1}{2} m v_i^2 + m g h_i$$

$$\frac{1}{2} m v_f^2 + m g h_f = m g h_i$$

$$\frac{1}{2} v_f^2 + g h_f = g h_i$$

$$\frac{1}{2} v_f^2 = g h_i - g h_f$$

$$v_f = \sqrt{2g(h_i - h_f)}$$
$$= 0.928 \text{ m/s}$$